

# Genetic targeting of lymphatic endothelial cells in mice: current strategies and future perspectives

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**ABSTRACT** Lymphatic vessels within different organs have diverse developmental origins, depend on different growth factor signaling pathways for their development and maintenance, and display notable tissue-specific adaptations that contribute to their roles in normal physiology and in various diseases. Functional studies on the lymphatic vasculature rely extensively on the use of mouse models that allow selective gene targeting of lymphatic endothelial cells (LECs). Here, we discuss LEC diversity and provide an overview of some of the commonly used LEC-specific inducible Cre lines and induction protocols, outlining essential experimental parameters and their implications. We describe optimized treatment regimens for embryonic, postnatal and adult LECs, efficiently targeting organs that are commonly studied in lymphatic vascular research, such as the mesentery and skin. We further highlight the anticipated outcomes and limitations associated with each induction scheme and mouse line. The proposed protocols serve as recommendations for laboratories initiating studies involving targeting of the lymphatic vasculature, and aim to promote uniformity in lineage tracing and functional studies within the lymphatic vascular field.

**KEYWORDS:** Cre/loxP, endothelium, lineage tracing, lymphatic vasculature, tamoxifen

## Introduction

### The expanding functions of lymphatic vasculature in tissue growth and homeostasis

Lymphatic vessels play an important role in draining excess interstitial fluid, macromolecules and immune cells from peripheral tissues, facilitating their transport to lymph nodes and the systemic circulation. These vessels are distributed throughout the body with the exception of avascular tissues and the brain parenchyma. The lymphatic system is organized into a unidirectional hierarchical tree-like structure composed of blunt-ended lymphatic capillaries, also known as initial lymphatic vessels, and collecting lymphatic vessels (Petrova and Koh, 2020). Fluid uptake and immune cell entry occur at the level of lymphatic capillaries, and is facilitated by discontinuous button-like cell-cell junctions between capillary lymphatic endothelial cells (LECs) (Baluk and McDonald, 2022). The collected fluid, now called lymph, is further drained through a network of collecting lymphatic vessels, passing through a chain of lymph nodes, to large central lymphatic ducts that drain to the venous circulation. Collecting vessels and ducts are characterized by tighter continuous zipper-like junctions, coverage by smooth muscle cells and the presence of luminal valves, all of which ensure efficient unidirectional propulsion of fluid (Petrova and Koh, 2020).

While traditional lymphatic functions involve the clearance of interstitial fluid and the transport of immune cells to lymph nodes, recent discoveries have unveiled additional roles for lymphatic vessels and LECs. These newly described functions include their direct influence on adaptive immunity and ability to regulate organ growth and regeneration through paracrine signalling in multiple organs (reviewed in Petrova and Koh, 2020; Stritt *et al.*, 2021). For example, in the skin, lymphatic capillaries closely associate with hair follicle stem cell niche. They undergo dynamic remodelling during hair follicle regeneration and shape the niche to regulate hair cycling (Gur-Cohen *et al.*, 2019; Peña-Jimenez *et al.*, 2019; Yoon *et al.*, 2022). LECs may also co-regulate broader physiological functions on a whole-body level. For example, recent research suggests a crosstalk between adipose tissues and lymphatic vessels within them, whereby paracrine, so called lymphangiocrine, signals originating from LECs negatively regulate thermogenesis in brown adipose tissue (Li *et al.*, 2021). One of the most intricate examples of paracrine communication is the crosstalk between the lymphatic vasculature and the immune system. Specifically, within lymph nodes, LECs directly interact with T cells to regulate adaptive immune responses that are essential for establishing self-tolerance (reviewed in Arroz-Madeira *et al.*, 2023). In addition to the extensive interactions between LECs and various cell types,

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lymphatic vessels serve distinct and specialized functions in various organs. For example, lacteal lymphatic vessels located within the intestinal villi play an essential role in the absorption of dietary fats and fat-soluble vitamins (Petrova and Koh, 2020).

### Molecular heterogeneity within lymphatic endothelium

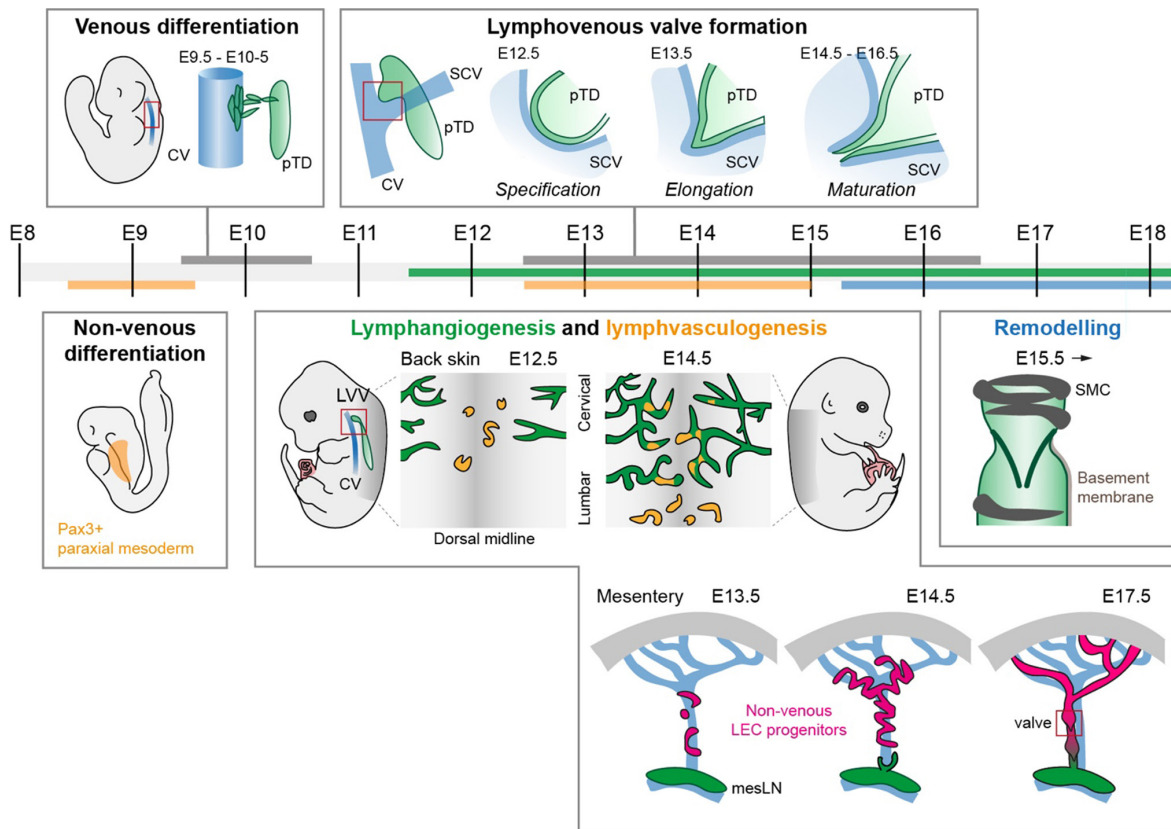
While the concepts of angiocrine and immunomodulatory functions of blood ECs have been established (reviewed in Amersfoort *et al.*, 2022; Rafii *et al.*, 2016), we have only recently begun to appreciate and explore the multifaceted roles of the lymphatic vasculature beyond their drainage function. This has been stimulated, in part, by the advent of single cell transcriptomics, which has made the distinct molecular identities of LEC subtypes increasingly evident. For example, single cell RNA sequencing of dermal and mesenteric LECs identified molecularly distinct populations of valve, collecting vessel and capillary LECs (González-Loyola *et al.*, 2021; Petkova *et al.*, 2023). These studies have not only revealed novel markers for subtypes of lymphatic vessels and their compartments, but also identified previously unknown LEC subtypes. The complexity of intra-organ heterogeneity of LECs is illustrated within the lymph node, where transcriptionally distinct subtypes are found in subcapsular, cortical and medullary sinuses (Takeda *et al.*, 2019; Xiang *et al.*, 2020; reviewed in Arroz-Madeira *et al.*, 2023). These distinctive identities mirror the diverse and compartmentalized roles of LECs and lymphatic vessels in immune surveillance processes involv-

ing antigen presentation and immune cell trafficking within lymph nodes. Moreover, transcriptome analysis of LECs isolated from the mouse ear dermis revealed zonation along the collecting vessel-capillary axis and identified a previously unknown subpopulation of LECs in capillary terminals, marked by the expression of *Ptx3* (Petkova *et al.*, 2023). Notably, this cluster was characterized by the expression of genes involved in immune cell interaction and regulation, similar to the distinct *Ptx3*<sup>+</sup> subpopulation of lymph node LECs within medullary sinuses (Xiang *et al.*, 2020). This raises interesting questions about potential immunomodulatory functions of both peripheral and lymph node lymphatic vessels.

Heterogeneity within lymphatic endothelium can also be found across different organs (Kalucka *et al.*, 2020). The increasing availability of single cell transcriptomic datasets at single organ level provides a valuable resource for future efforts to integrate individual studies on a multi-organ scale. This integration can help identify organotypic gene signatures that may provide valuable insights into the organ-specific roles of lymphatic vessels in tissue homeostasis and immune function.

### Diversity in the developmental origins of lymphatic endothelial cells

In mouse, the early populations of LECs emerge within the cardinal veins (CV) at around embryonic day (E)9.5-E10 (Fig. 1). During this period, LEC progenitors initiate the expression of the lymphatic fate-determining PROX1 homeobox transcription factor



**Fig. 1. Developmental timeline of lymphatic vessel morphogenesis in commonly studied organ systems.** The contribution of venous and non-venous sources of lymphatic endothelial cells (LECs) to different developmental processes in different organs are depicted. Early LEC progenitors emerge from Pax3-positive paraxial mesoderm and from the endothelium of cardinal veins (CV). Initial lymphatic networks expand by lymphangiogenic sprouting and lymphvasculogenic assembly of vessels from progenitors, which is followed by maturation of vessels through formation of lymphatic valves, deposition of a basement membrane and recruitment of smooth muscle cells (SMC). Abbreviations: E, embryonic day; CV, cardinal vein; LVV, lymphovenous valve; mesLN, mesenteric lymph node; pTD, primordial thoracic duct; SCV, subclavian vein; SMC, smooth muscle cell.

and migrate out of the CV to form the primordial thoracic ducts (pTD), which are also referred to as lymph sacs (Hägerling *et al.*, 2013; Wigle and Oliver, 1999; Yang *et al.*, 2012) (Fig. 1). Further expansion of the vasculature occurs by lymphangiogenic sprouting of vessels from these lymph sacs. Genetic lineage-tracing using a constitutive pan-endothelial *Tie2-Cre*, as well as the inducible *Prox1-CreER<sup>T2</sup>* and *Vegfr3-CreER<sup>T2</sup>*, have provided evidence for the venous origin of lymphatic vessels (Martinez-Corral *et al.*, 2015; Srinivasan *et al.*, 2007). However, recent research has additionally uncovered the existence of other non-venous sources of LECs in certain organs (reviewed in Jafree *et al.*, 2021). For example, the developing dermal lymphatic vasculature forms in part by the assembly of LEC progenitors through a process termed lymphvasculogenesis into isolated cell clusters that later incorporate into the growing vessels (Martinez-Corral *et al.*, 2015) (Fig. 1). The origin of LECs within these clusters was assigned to the local blood vessel network (Pichol-Thievend *et al.*, 2018). However, evidence from tracing *Tie2*-lineage ECs (Martinez-Corral *et al.*, 2015) and more recent findings from temporally restricted tracing of *Cdh5*-lineage ECs showing negligible contribution to the LEC clusters (Zhang *et al.*, 2022) suggests a predominant non-endothelial origin.

While most ECs are derived from the lateral plate mesoderm, genetic lineage tracing has indicated *Pax3*-positive paraxial mesoderm as a major source of lymphatic vessels in several organs, including the skin (Stone and Stainier, 2019). Although initially *Pax3*-lineage LECs were thought to acquire their fate by transitioning through a venous EC intermediate (Stone and Stainier, 2019), latest findings suggest direct *de novo* differentiation of non-venous paraxial mesoderm-derived ETV2<sup>+</sup>PROX1<sup>+</sup> progenitors into LECs (Lupu *et al.*, 2022, pre-print). *Pax3*-positive mesoderm lineage has been also shown to contribute to the cardiac lymphatic vasculature, as well as LECs of inguinal, axillary, brachial and popliteal lymph nodes (Lenti *et al.*, 2022). LECs of mesenteric lymph nodes instead originate from a distinct *Hoxb6*-lineage lateral plate mesoderm (Lenti *et al.*, 2022). Interestingly, LECs within mesenteric lymphatic vessels are similarly unique in that, unlike in other organs, they are from *Pax3*-lineage independent origin, yet they form by lymphvasculogenic assembly of PROX1-positive LEC progenitors (Stanczuk *et al.*, 2015). Their origin was traced to early embryonic arterial and cKit-lineage positive cells, distinct from the venous-derived LECs in the mesenteric lymph sac, suggesting a progenitor source from hemogenic EC-derived progenitor source (Stanczuk *et al.*, 2015) (Fig. 1).

These recent findings indicate multiple developmental origins of LECs in different organs. However, their relative contributions to the mature, established lymphatic vasculature remain unknown. It is also unclear if LECs of different origins are molecularly distinct and serve different functions. Development of specific tools targeting the different progenitor populations will help address these questions in the future.

### Genetic tools for targeting of lymphatic endothelial cells

The Cre/loxP technology offers a powerful tool for targeting of specific cell types, including ECs, in genetically modified mice. Over the past decades, significant advancements have been made in the vascular biology field, enabling temporally controlled targeting of either all ECs or specific subpopulations of ECs in a vessel-type or organ-specific manner. For example, various Cre lines have been developed by utilizing pan-endothelial or EC-type-specific gene

promoters to selectively target veins, arteries or tip cells at the sprouting front of the blood vasculature (Ehling *et al.*, 2013; Lee *et al.*, 2021; Xu *et al.*, 2014). This has facilitated detailed studies of angiogenic processes, particularly in the context of retina. In addition, Cre-lines allowing targeting of blood vessels in specific organs such as the brain or liver have been successfully developed (Pu *et al.*, 2016, 2018). Combinatorial targeting using Cre and Dre recombinases, each recognizing their respective Lox or Rox recognition sites, has further expanded the genetic toolbox (Han *et al.*, 2021). In such intersectional genetic approaches, sequential action of the two recombinases, each under the control of their distinct promoters, enables a more precise and controlled targeting of EC populations. This is achieved by restricting recombination by the second recombinase to a specific cell lineage defined by the activity of the first recombinase.

Pan-endothelial Cre lines, such as *Cdh5-CreER<sup>T2</sup>* and *Pdgfrb-CreER<sup>T2</sup>*, have been used to efficiently target LECs as well (Bazigou *et al.*, 2009; Stanczuk *et al.*, 2015; Wang *et al.*, 2017; Zhang *et al.*, 2022). However, specific studies of the lymphatic vasculature have become possible only after tamoxifen-inducible Cre lines utilizing LEC-specific gene promoters including *Prox1*, *Flt4/Vegfr3* and *Lyve1* were established (Bazigou *et al.*, 2011; Connor *et al.*, 2016; Martinez-Corral *et al.*, 2016; Srinivasan *et al.*, 2007) (Table 1). Yet, there is a notable lag in the development of mouse lines targeting specific LEC subpopulations compared to those targeting blood ECs. To date, only a few examples exist, such as the *Cldn11-CreER<sup>T2</sup>* line, which selectively targets *Cldn11*-expressing valve LECs (Ortsäter *et al.*, 2021), and *Pax3-Cre* (Engleka *et al.*, 2005), which targets paraxial mesoderm-derived LECs in the skin and heart, but not in the mesentery (Stone and Stainier, 2019). A recently developed approach for sequential recombination utilizing both *Cdh5-Dre* and *Prox1-RSR-CreER* drivers provides a valuable method for a precise and specific targeting of LECs without affecting other *Prox1*-expressing tissues by limiting *Prox1*-driven recombination expression to *Cdh5*-expressing ECs (Han *et al.*, 2021). As our understanding of LEC heterogeneity continues to increase, we can anticipate the development of more refined genetic tools that allow detailed studies of the diverse subpopulations of LECs of different developmental origins, organs and vessel types. Such advanced tools will facilitate functional studies aimed at understanding developmental disorders with organ-specific manifestations of lymphatic disease.

### Protocols for functional analysis of lymphatic vessels by conditional gene targeting

Here, we discuss a selection of Cre lines (Table 1) and optimized protocols (Table 2) that we have employed and developed in our research to efficiently target LECs at different developmental stages and tissues that are commonly used for lymphatic vessel analysis by us and others. For additional protocols involving alternative Cre lines, tissues, or developmental stages, we refer the reader to other published studies and description of Cre lines, some of which are summarized in Table 1.

### General considerations

#### The use of tamoxifen vs 4-OHT

Tamoxifen is metabolized in the liver to its bio-active metabolites, 4-hydroxy-tamoxifen (4-OHT) and N-desmethyl-4-hydroxytamoxifen

TABLE 1

## COMMONLY USED INDUCIBLE CRE/DRE LINES FOR TEMPORALLY CONTROLLED TARGETING OF LYMPHATIC ENDOTHELIAL CELLS (LECs)

	Mouse line	MGI ID	LEC targets	Major non-LEC targets (reported/expected)	Genetic modification	Ref
LEC	<i>Lyve1-CreERT2</i>	6758737	All LECs	CD11b+ macrophages, certain BECs (e.g. yolk sac, liver sinusoids, spleen BECs))	Transgene (BAC)	Connor <i>et al.</i> , 2016
	<i>Lyve1-CreERT2</i>	n.a.	All LECs	Certain BECs (e.g. yolk sac), macrophages	Knock-in	Chen <i>et al.</i> , 2023
	<i>Prox1-CreERT2</i>	5616256	All LECs	Cardiomyocytes, myocytes, hepatocytes, neurons, lens epithelial cells	Knock-in	Srinivasan <i>et al.</i> , 2007
	<i>Prox1-CreERT2</i>	5617984	All LECs	Venous valve EC (with low recombination in major veins), Schlemm's canal, cardiomyocytes, myocytes, hepatocytes, neurons, lens epithelial cells	Transgene (BAC)	Bazigou <i>et al.</i> , 2011
	<i>Prox1-CreERT2</i>	7537333	All LECs	Cardiomyocytes, myocytes, hepatocytes, neurons, lens epithelial cells	Transgene (BAC)	Iyer <i>et al.</i> , 2023
	<i>Prox1-RSR-2A-CreER</i>	n.a.	All LEC	Intersectional Cre/Dre line; specific expression in LECs when crossed to <i>Cdh5-Dre</i>	Knock-in	Han <i>et al.</i> , 2021
	<i>Prox1-2A-DreER</i>	n.a.	All LECs	Cardiomyocytes, myocytes, hepatocytes, neurons, fiber cells	Knock-in	Han <i>et al.</i> , 2021
	<i>Vegfr3-CreERT2</i>	5750213	All LECs	Certain BECs (e.g. embryonic, angiogenic, sinusoidal)	Knock-in	Martinez-Corral <i>et al.</i> , 2016
	<i>Vegfr3-CreERT2</i>	n.a.	All LECs	Sinusoidal EC in the bone marrow	Transgene (BAC)	Poulos <i>et al.</i> , 2024
	<i>Cldn11-CreERT2</i>	6727043	Valve LECs	hair follicles, oligodendrocytes, arachnoid barrier cells, Sertoli cells	Transgene (BAC)	Ortsäter <i>et al.</i> , 2021
Pan-EC	<i>Cdh5-CreERT2</i>	3848982	All LECs	All BECs, hematopoietic cells if early embryonic induction targeting hemogenic EC	Transgene (PAC)	Wang <i>et al.</i> , 2010
	<i>Pdgfb-CreERT2</i>	3793852	Mainly collecting vessel LECs	All BECs, especially angiogenic, hematopoietic cells if early embryonic induction targeting hemogenic EC	Transgene (BAC)	Claxton <i>et al.</i> , 2008; Wang <i>et al.</i> , 2017

Abbreviations: BAC, bacterial artificial chromosome; BEC, blood endothelial cell; PAC, P1-derived artificial chromosome.

(endoxifen) (Borgna and Rochefort, 1981). These metabolites can bind the CreER fusion protein with a 100-fold higher affinity compared to tamoxifen, thereby driving its efficient nuclear localization and recombination process (Hayashi and McMahon, 2002; Katzenellenbogen *et al.*, 1984). Acute induction and short <24 h time-window of Cre activity (Martinez-Corral *et al.*, 2016), which is often desirable for developmental studies and lineage tracing experiments, can be achieved by direct administration of 4-OHT. In contrast, the kinetics of tamoxifen-induced Cre-activity is slower, and leads to an extended Cre activity period of up to 48-72h (Martinez-Corral *et al.*, 2015). Depending on the tissue as well as tamoxifen dosage and administration route used, Cre activity may be preserved significantly longer (Ye *et al.*, 2015).

### Cre-recombination: efficiency, specificity and reporting

Efficient CreER-mediated recombination of LoxP sites is influenced by multiple parameters, which include genomic distance between the individual LoxP sites, accessibility of the genomic locus, abundance of the CreERT protein, and the effective tamoxifen dose. Recombination efficiency of a given Cre line is commonly assessed using reporter alleles, which are activated after tamoxifen administration to drive the expression of reporter genes such as fluorescent proteins. However, it is important to note that recombination of common reporter lines does not necessarily correlate with the recombination of other alleles, including conditional knockout alleles (Fernández-Chacón *et al.*, 2019). Moreover, recombination can occur even in the absence of tamoxifen (Álvarez-Aznar *et al.*, 2020), especially when promoters of highly expressed genes are used to drive Cre expression (Kristianto *et al.*, 2017). Strategies aimed at enhancing accurate reporting of recombination events have been developed (reviewed in Garcia-Gonzalez *et al.*, 2020; Tian and Zhou, 2021), but it remains important to experimentally validate and optimize the optimal conditions for each CreER line and floxed allele, tamoxifen dose and developmental stage.

### Cre toxicity and adverse effects of tamoxifen

Cre expression can lead to adverse cellular effects on organ development and physiology, including the vasculature (reviewed

in Rashbrook *et al.*, 2022). Toxicity has been attributed to the non-specific endonuclease activity, caused by Cre binding to endogenous DNA sequences, which results in DNA breaks (Rashbrook *et al.*, 2022). Mice expressing the pan-endothelial *Cdh5-CreERT<sup>2</sup>* transgene showed a delayed development of the retinal blood vasculature upon tamoxifen administration (Brash *et al.*, 2020). In addition, the ubiquitous *Rosa26-CreERT<sup>2</sup>* led to Cre toxicity in hematopoietic cells (Higashi *et al.*, 2009; Rossi *et al.*, 2023), suggesting that different cell types may be differentially sensitive to Cre. So far, no specific phenotypes associated with Cre toxicity in LECs have been reported. CreER exhibits toxicity only once tamoxifen is administered, as the rapid induction of nuclear translocation of the CreER protein, particularly when 4-OHT is administered, results in acute presence of high Cre protein levels within the nucleus. Constitutive Cre lines, on the other hand, must maintain a more moderate expression level of the protein to allow normal development. Tamoxifen-treated littermate mice carrying the CreER transgene are therefore important controls for conditional knockout studies.

Tamoxifen itself can also cause various side effects due to its ability to act as an estrogen receptor antagonist. High doses of tamoxifen can be lethal to developing embryos and affect the ability of pregnant females to give birth naturally (Lizen *et al.*, 2015). In addition, tamoxifen treatment has been reported to result in adverse effects on the reproductive system (Smith, 2011) and bone turnover (Zhong *et al.*, 2015) in juvenile males. Tamoxifen has also been shown to promote transient lipodystrophy, followed by de novo adipogenesis (Ye *et al.*, 2015).

### Inducible Cre lines for targeting of LECs

A number of inducible Cre lines targeting LECs have been generated (Table 1). Here we discuss a selection of lines that have been characterized and used by us and others in a number of studies.

#### *Prox1-CreERT<sup>2</sup>* (Tg(*Prox1-cre/ERT2*)<sup>1Tmak</sup>, MGI:5617984)

The transcription factor Prospero Homeobox PROX1 is the master regulator of LEC fate (Wigle and Oliver, 1999). It is continuously expressed in all LECs from early development through adulthood,



TABLE 2

## PROTOCOLS FOR EFFICIENT TARGETING OF LYMPHATIC ENDOTHELIAL CELLS (LECs)

Tissue and/or stage	Cre line	Induction scheme	Comment
Venous-derived LEC progenitors	<i>Prox1-CreER<sup>T2</sup></i>	E9.5 + E10.5: 1 mg 4-OHT (intraperitoneal)	Inefficient targeting
	<i>Vegfr3-CreER<sup>T2</sup></i>	E9.5: 3 mg 4-OHT (intraperitoneal)	Efficient targeting of BECs in CV and venous-derived LECs
Lymphovenous valves	<i>Prox1-CreER<sup>T2</sup></i>	E10.5 + E11.5 (+ E12.5): 1 mg 4-OHT (intraperitoneal)	Efficient targeting of LVV, mosaic targeting of pTD + JLS
Embryonic skin	<i>Prox1-CreER<sup>T2</sup></i>	E12.5 + E13.5 + E14.5: 1 mg 4-OHT (intraperitoneal)	Poor targeting prior to E12.5, poor targeting of lymphovasculogenic clusters and vessel sprouts at the dorsal midline
	<i>Vegfr3-CreER<sup>T2</sup></i>	E12.5 + E13.5 + E14.5: 1 mg 4-OHT (intraperitoneal)	Targeting of both the vessels and lymphovasculogenic clusters, also BECs
Embryonic mesentery	<i>Prox1-CreER<sup>T2</sup></i>	E15.5 + E16.5 (+ E17.5): 1 mg 4-OHT (intraperitoneal)	Poor targeting prior to E15.5, no targeting of lymphovasculogenic LEC progenitors
	<i>Vegfr3-CreER<sup>T2</sup></i>	E11.5: 1-2 mg 4-OHT (intraperitoneal) E11.5 + E12.5: 1 mg 4-OHT (intraperitoneal)	Mosaic targeting of LEC progenitors Efficient targeting of LEC progenitors
Neonatal vessels	<i>Prox1-CreER<sup>T2</sup></i>	Between P0-P2, a single or two consecutive administrations: 25-50 $\mu$ g 4-OHT (intragastric)	Efficient targeting
		After P0 (abdominal skin) or P7 (ear skin): 150 $\mu$ g Tam every 2 days (topical treatment)	Suited for long-term induction protocols
	<i>Vegfr3-CreER<sup>T2</sup></i>	Between P0-P2, a single or two consecutive administrations: 25-50 $\mu$ g 4-OHT (intragastric)	Less efficient compared to <i>Prox1-CreER<sup>T2</sup></i>
		After P0 (abdominal skin) or P7 (ear skin): 150 $\mu$ g Tam every 2 days (topical treatment)	Suited for long term induction protocols
Adult vessels	<i>Prox1-CreER<sup>T2</sup></i>	Systemic: 2-3 x 1 mg Tam on consecutive days (oral gavage) Local: 50 $\mu$ g 4-OHT (topical application to dorsal skin of each ear)	Full systemic targeting Localized targeting with limited systemic recombination
	<i>Vegfr3-CreER<sup>T2</sup></i>	Local: 50 $\mu$ g 4-OHT (topical application to dorsal skin of each ear)	Less efficient compared to <i>Prox1-CreER<sup>T2</sup></i>
Valves	<i>Cldn11-CreER<sup>T2</sup></i>	Systemic: 2-3 x 1 mg Tam on consecutive days (oral gavage)	Efficient targeting of lymphatic valves, mosaic targeting of venous valves

Abbreviations: 4-OHT, 4-hydroxy-tamoxifen; BEC, blood endothelial cell; CV, cardinal vein; E, embryonic day; JLS, jugular lymph sac; LVV, lymphovenous valve; P, postnatal day; pTD, primordial thoracic duct; Tam, tamoxifen.

and is crucial for establishing and maintaining LEC identity (Johnson *et al.*, 2008). However, it must be noted that PROX1 is expressed in multiple tissues and cell types, that are thus also targeted by *Prox1-CreER<sup>T2</sup>*, including skeletal and heart myocytes, cells in the lens placode, liver hepatocytes, kidney epithelial cells as well as neurons in the spinal cord, hippocampus and cerebellum (Lavado and Oliver, 2007; Risebro *et al.*, 2009; Sosa-Pineda *et al.*, 2000; Wigle *et al.*, 1999). Within the vasculature, *Prox1* is additionally expressed in ECs of venous valves, certain large veins and hybrid vessels (Aspelund *et al.*, 2014; Bazigou *et al.*, 2011; Park *et al.*, 2014). When assessing phenotypes in *Prox1-CreER<sup>T2</sup>*-driven genetic knockout models of genes with potential non-endothelial functions, it is therefore important to exclude any potential defects in vital tissues, particularly the heart or liver. Below we discuss protocols optimized for the line generated through BAC transgenesis, but it should be noted that several independent *Prox1-CreER<sup>T2</sup>* lines have been established and successfully used for LEC targeting (Table 1) (Han *et al.*, 2021; Iyer *et al.*, 2023; Srinivasan *et al.*, 2007). Although the efficiency may vary, similar patterns of recombination have been reported in all lines.

#### ***Vegfr3-CreER<sup>T2</sup>* (Flt4<sup>tm2.1(cre/ERT2)Sgo</sup>, MGI:5750213)**

Vascular endothelial growth factor receptor 3 (VEGFR3), encoded by *Flt4*, is the principal receptor tyrosine kinase for the lymphangiogenic VEGF-C growth factor and is expressed in all LECs across embryonic and adult tissues. VEGF-C - VEGFR3 signalling plays a critical role in both developmental and pathological lymphatic vessel growth (reviewed in Grimm and Hogan, 2021). However, VEGFR3 is also expressed in angiogenic blood vessels, and regulates embryonic development of the blood vasculature and neo-angiogenesis in adult tissues (Dumont Daniel J. *et al.*, 1998; Laakkonen *et al.*, 2007). The *Vegfr3-CreER<sup>T2</sup>* line was generated by inserting IRES-CreERT2-cassette into the 3'-UTR of the mouse *Flt4* gene, to preserve endogenous regulatory elements and

ensuring correct expression of the endogenous VEGFR3 protein (Martinez-Corral *et al.*, 2016). Validation of the line confirmed that *Vegfr3-CreER<sup>T2</sup>*-driven recombination faithfully recapitulated endogenous *Vegfr3* expression preferentially restricted to the lymphatic endothelium. Additionally, recombination was observed in certain blood vessel beds, including angiogenic and sinusoidal vessels (Martinez-Corral *et al.*, 2016). The latter was exploited for the targeting of sinusoidal vasculature in the bone marrow, using another *Vegfr3-CreER<sup>T2</sup>* line generated through BAC transgenesis (Poulos *et al.*, 2024). Mice carrying the *Vegfr3-CreER<sup>T2</sup>* knockin allele at homozygosity do not exhibit any apparent phenotypes. This provides a strategy for increasing Cre expression and activity in ECs, including blood ECs, that naturally express low levels of *Vegfr3*.

#### ***Cldn11-CreER<sup>T2</sup>* (Tg(Cldn11-cre/ERT2)<sup>151Tmak</sup>, MGI:6727043)**

Transcriptomic analysis of LECs has identified *Cldn11* as a specific marker of lymphatic valves (Ortsäter *et al.*, 2021; Takeda *et al.*, 2019). CLDN11 belongs to the claudin family of tight junction proteins, which play an important role in the formation of cell-cell junctions. Despite its expression in lymphatic valves, CLDN11 does not have an apparent function in valve development (Ortsäter *et al.*, 2021). Within the vasculature, *Cldn11-CreER<sup>T2</sup>* exhibited selective targeting of mature lymphatic valve LECs, with lower levels of recombination also observed in venous valves (Ortsäter *et al.*, 2021). Notably, developing valves in embryonic lymphatic vessels were not efficiently targeted (Ortsäter *et al.*, 2021). Previous research has shown that CLDN11 is also expressed in Sertoli cells and oligodendrocytes, and contributes to the formation of the myelin sheath (Bronstein *et al.*, 2000; Gow *et al.*, 1999; Mazaud-Guittot *et al.*, 2010). In line with this, additional non-vascular cells targeted by the *Cldn11-CreER<sup>T2</sup>* transgene include oligodendrocytes, as well as hair follicles (Ortsäter *et al.*, 2021) and arachnoid barrier cells (Pietilä *et al.*, 2023)

## Targeting of embryonic lymphatic vessels

### Venous LEC progenitors

Venous LEC progenitors that differentiate within the embryonic cardinal veins after E9.5 (Fig. 1) can be efficiently targeted using constitutive pan-EC lines such as *Tie2-Cre*. Attempts to efficiently target these progenitors using the *Prox1-CreER<sup>T2</sup>* BAC transgenic line (Bazigou *et al.*, 2011) and 4-OHT administration between E9.5-E10.5 were not successful (Martinez-Corral *et al.*, 2015). Possible explanations for this include the absence of critical enhancers driving *Prox1* expression in early LEC progenitors within the transgene construct, and insufficient levels of CreER<sup>T2</sup> protein accumulated in the differentiating LECs at the time of induction. The use of tamoxifen to provide a broader window of Cre activation, and the use of the *Prox1-CreER<sup>T2</sup>* knock-in line have been reported to result in more efficient targeting of venous LEC progenitors and vessels derived thereof (Martinez-Corral *et al.*, 2015; Srinivasan *et al.*, 2007). *Vegfr3-CreER<sup>T2</sup>* has been reported to target venous LEC progenitors after administration of 3 mg of 4-OHT to the pregnant dam at E9.5, but it should be noted that BECs within the cardinal vein are also targeted (Martinez-Corral *et al.*, 2016). In addition, LECs within jugular lymph sacs can be efficiently targeted by administration of 3 mg of 4-OHT at E10.5 (Martinez-Corral *et al.*, 2016).

### Lymphovenous valves (LVVs)

LVVs, located between the pTD and the junction of the jugular and subclavian veins, form the connection through which lymph is returned to the venous circulation. In mice, LVV morphogenesis is initiated at E12.5 and completed by E14.5 (Geng *et al.*, 2016) (Fig. 1). Efficient targeting of the PROX1-expressing ECs forming the LVV can be achieved using the *Prox1-CreER<sup>T2</sup>* line when 4-OHT is administered before and during the entire period of LVV formation from early EC specification until first morphogenetic processes. Optimal results are achieved by consecutive administrations of 1 mg of 4-OHT to the pregnant dam at E10.5, E11.5 and E12.5 (Martin-Almedina *et al.*, 2016).

### Embryonic back skin

Embryonic back skin serves as a well-established model for studying sprouting lymphangiogenesis. It is relatively easy to dissect and can be flat-mounted for whole-mount analysis. The first dermal lymphatic vessels appear at around E12.5-E13.5 primarily on the lateral sides of the thoracic region of the back skin as sprouts originating from the venous-derived lymph sacs (Fig. 1). New lateral sprouts form in a thoracic to lumbar fashion and continue to sprout towards the dorsal midline, where the vessel networks ultimately connect by E17.5 (Martinez-Corral *et al.*, 2015). Additionally, at approximately E12.5 an additional source of dermal LECs, distinct from the venous origin, emerges at the midline and later at E14.5 also in the lumbar region of the skin (Fig. 1). These cells form lymphovascular clusters that locally proliferate and give rise to isolated vessels, which later incorporate into the sprouting vessel network (Martinez-Corral *et al.*, 2015; Pichol-Thievent *et al.*, 2018). The lymphatic vasculature of the embryonic skin can be efficiently targeted using both *Prox1-CreER<sup>T2</sup>* and *Vegfr3-CreER<sup>T2</sup>* lines. Repeated administration of 1 mg of 4-OHT at E12.5, E13.5 and E14.5 to pregnant dams was reported to result in a nearly complete recombination within LECs

of the lateral lymphatic vessel network when using *Prox1-CreER<sup>T2</sup>*. However, this regimen failed to efficiently recombine the lymphovascular clusters at the dorsal midline (Martinez-Corral *et al.*, 2015). Moreover, 4-OHT administration prior to E12.5 resulted in minimal recombination in dermal LECs in this line (Martinez-Corral *et al.*, 2015). For early developmental studies, optimal targeting of both the lymphovascular clusters and lymphangiogenic vessels can instead be achieved using the *Vegfr3-CreER<sup>T2</sup>* line and repeated administration of 1 mg of 4-OHT at E12.5, E13.5 and E14.5. However, *Vegfr3-CreER<sup>T2</sup>* also exhibits low-frequency recombination within the embryonic dermal blood vasculature.

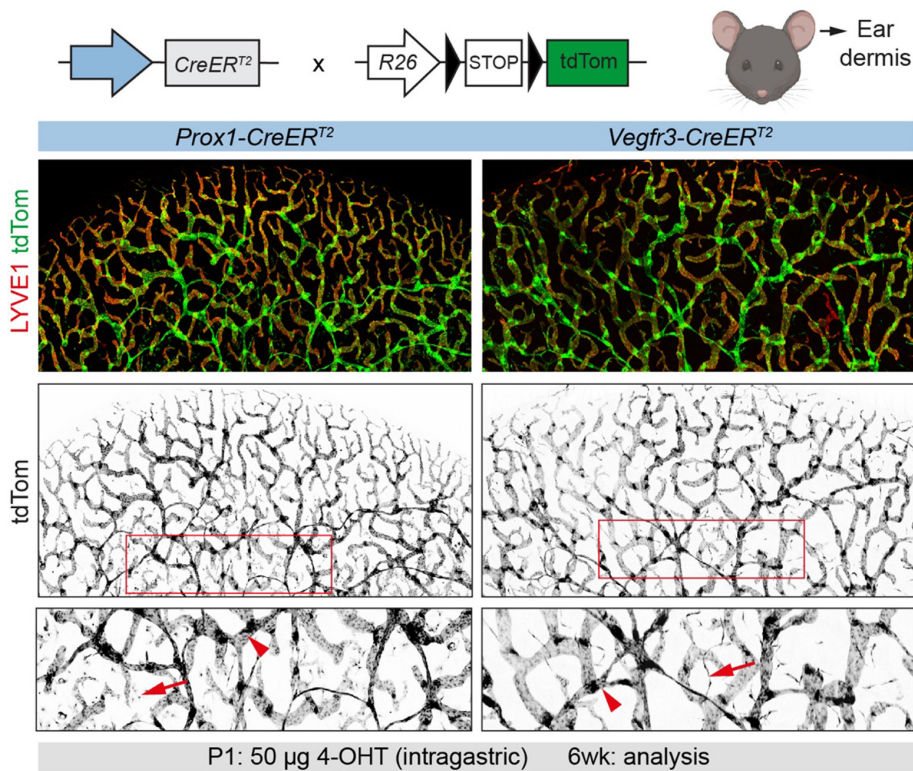
### Embryonic mesentery

Embryonic mesentery provides a favorable model for studying many aspects of lymphatic vessel biology, including collecting vessel remodeling and valve morphogenesis (Bazigou *et al.*, 2009; Sabine *et al.*, 2012). Formation of the mesenteric lymphatic network occurs from two distinct sources: lymphangiogenic sprouting from the mesenteric lymph sac and lymphovascularogenesis from non-venous progenitors (Stanczuk *et al.*, 2015) (Fig. 1). Between E13.5-E14.5, a highly branched initial network forms, which is extensively remodeled into collecting lymphatic vessels with valves by E17.5-E18.5 (Fig. 1). Efficient targeting of developing mesenteric vessels can be achieved using *Prox1-CreER<sup>T2</sup>* and repeated administration of 1 mg of 4-OHT at E15.5 and E16.5. Administration prior to E15 results in limited targeting, but an additional injection at E17.5 can be considered to ensure complete recombination (Tatin *et al.*, 2013). Lymphovascular clusters, which develop between E12.5-E13.5, can be targeted using *Vegfr3-CreER<sup>T2</sup>* and 4-OHT administration as early as at E11.5 (Stanczuk *et al.*, 2015). Only incomplete mosaic recombination can be obtained with this early induction regimen, and for efficient targeting repeated administration of 1 mg of 4-OHT at E11.5 and E12.5 is recommended.

## Targeting of neonatal lymphatic vessels

Efficient recombination can be achieved in lymphatic endothelium of all neonatal organs using the *Prox1-CreER<sup>T2</sup>* line (Frye *et al.*, 2020; Zhang *et al.*, 2018). Although the *Vegfr3-CreER<sup>T2</sup>* line also drives a high level of recombination of a single reporter allele in LECs, our experience from studies involving various floxed knockout alleles suggests incomplete recombination, especially when two or more floxed alleles are combined. When recombination in other *Prox1*-expressing tissues is not a concern, the *Prox1-CreER<sup>T2</sup>* line is thus a preferred choice for gene knockout studies.

In both lines, different routes of 4-OHT and tamoxifen administration have been used successfully in previous research. We routinely use either a single or two consecutive intra-gastric injections of 25-50 µg of 4-OHT, dissolved in ethanol, between P0 and P3 into the milk spot of neonates (Frye *et al.*, 2020) (Fig. 2). If a longer time-window of Cre activity is required, for example due to active selection of non-recombined ECs to contribute to the studied developmental process (Zhang *et al.*, 2018), administration can be done during the entire postnatal period by topical application of a higher dose (150 µg) of tamoxifen, dissolved in acetone, to the abdominal skin of the pups every second day. Since tamoxifen provides a long activity window of up to 72 hours, such regimen will ensure continuously high levels of 4-OHT during the



**Fig. 2. Anticipated outcomes of postnatal targeting of lymphatic endothelial cells (LECs) using *Prox1-CreER<sup>T2</sup>* or *Vegfr3-CreER<sup>T2</sup>* lines.** Assessment of R26-tdTom reporter recombination after intragastric administration of 50  $\mu\text{g}$  of 4-OHT at postnatal day 1 (P1) by whole mount immunofluorescence analysis of the dorsal ear skin in 6-week-old mice. Efficient recombination, visualized by tdTom expression, is detected in LYVE1-positive LECs (arrowheads), but also in LYVE1-negative non-LEC interstitial cells in *Prox1-CreER<sup>T2</sup>* mice and in blood capillary endothelium in *Vegfr3-CreER<sup>T2</sup>* mice (arrows). Abbreviations: 4-OHT, 4-hydroxy-tamoxifen; LYVE1, lymphatic vessel endothelial hyaluronan receptor 1.

entire postnatal period without the need for repetitive invasive injections (Zhang *et al.*, 2018).

The above strategies have been successfully used for studying the lymphatic network in the ear skin (pinna), which develops postnatally and is fully established at weaning age of 3 weeks (Fig. 2). The dermal vasculature of the ear can be separated into two layers separated by the ear cartilage: the thicker dorsal layer is comprised of a two-layered network of lymphatic vessels: a deeper network of LYVE1<sup>-</sup> collecting vessels harboring valves and a superficial network of LYVE1<sup>+</sup> lymphatic capillaries. Development of the superficial capillary plexus is initiated postnatally around P3 when lymphatics from the deeper plexus start sprouting towards the dermis (Mäkinen *et al.*, 2005). The ventral ear skin on the other hand is comprised of a single-layered network of lymphatic capillaries, which develops in two phases. An initial sprouting phase results in a non-optimal primitive network, and a second phase of side branching from the initial network, which ensures optimal coverage (Uçar *et al.*, 2023). Similarly, the above strategies efficiently target lymphatic vessels in the neonatal mesentery, which, in comparison to adult mice, is not associated with adipose tissue at this stage and thus allows high-resolution imaging of collecting vessels and valves, the majority of which are fully developed at birth.

### Targeting of adult lymphatic vessels

The mature lymphatic vasculature in post-weaning aged mice, including the skin (Zhang *et al.*, 2018), intestine (Sabine *et al.*, 2015) and lymph node (Rouhani *et al.*, 2015), can be effectively targeted using the *Prox1-CreER<sup>T2</sup>* transgene. For most alleles, complete recombination can be induced with three consecutive administrations of 1 mg of tamoxifen. The commonly recommended proto-

cols involve intraperitoneal injection of tamoxifen dissolved in oil (www.Jax.Org/Research-and-Faculty/Resources/Cre-Repository/Tamoxifen). However, oil has been shown to promote local inflammation and associated vascular expansion within the omentum and mesenteric membranes (Alsina-Sanchis *et al.*, 2021), affecting both peritoneal tissues and potentially causing systemic effects. Oral gavage provides therefore a preferred administration route as it is without such a side effect (Alsina-Sanchis *et al.*, 2021), and is also less invasive while inducing comparable recombination efficiency at routine tamoxifen doses (Donocoff *et al.*, 2020). If targeting of other *Prox1*-expressing tissues is a concern, *Vegfr3-CreER<sup>T2</sup>* can be used if sufficiently high doses of tamoxifen are administered (Tan *et al.*, 2023).

### Targeting of specific organs and vessel compartments

Systemic Cre-mediated gene deletion or activation may lead severe adverse effects and prevent long-term studies of advanced or severe phenotypes. To achieve local targeting of the dermal lymphatic vasculature, topical application of 4-OHT dissolved in acetone directly to the ear skin can be effectively used. Successful induction of recombination of Cre-activated transgenes, including reporters, which only require recombination of a single allele, has been achieved with doses of 5-50  $\mu\text{g}$  of 4-OHT in volumes of up to 10  $\mu\text{l}$  (Martinez-Corral *et al.*, 2020; Petkova *et al.*, 2023). Notably, despite local administration of 4-OHT, systemic recombination may occur due to grooming and subsequent ingestion of 4-OHT as well as direct absorption into the blood circulation. The extent of systemic recombination depends on the dose of 4-OHT applied and the specific CreER line used, potentially making the complete deletion of alleles requiring two recombination events in the same cell while limiting systemic recombination a challenging task.



Specific targeting of lymphatic valves can be achieved using the *Cldn11-CreER<sup>2</sup>* line (Ortsäter *et al.*, 2021). Notably, however, efficient recombination occurs only in mature valves at postnatal stages but not in developmental stages. Neonatal targeting of valves can be achieved by a single or two consecutive intra-gastric administrations of 25-50 µg of 4-OHT dissolved in ethanol (Ortsäter *et al.*, 2021). In juvenile and adult mice, three consecutive administrations of 1 mg of tamoxifen by oral gavage has been shown to result in efficient targeting, as assessed by reporter gene expression (Ortsäter *et al.*, 2021).

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