

# Epithelial-mesenchymal interactions: a fundamental Developmental Biology mechanism

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**ABSTRACT** Interactions between epithelium and mesenchyme are common features of early stages of morphogenesis in different organs. In this historical review article, we retrospectively analyze the most important contribution to the definition and characterization of these interactions in three different organogenetic systems, including kidney, lung and limb bud. Tubule formation in the kidney is an example of an organogenetic event which involves interaction between the ureteric epithelium and the underlying mesenchyme that, in turn, induces the branching of the ureteric epithelium. In contrast, in lung organogenesis, interactive signaling occurs between the endodermal epithelium and the mesenchyme, leading to an alveolar structure. Finally, limb bud development results from a series of epithelial-mesenchymal interactions between the mesenchymal cells of the lateral plate mesoderm and the overlying ectodermal cells.

**KEY WORDS:** *embryology, epithelia, kidney, limb bud, lung, mesenchyme*

## Introduction

All organs develop and consist of an epithelium and a mesenchyme that during the early stages of morphogenesis share common morphological features (Grobstein, 1967). In some of these interactions, epithelium is able to induce differentiation of the mesenchyme and vice versa, and play an instructive role mediated by differential activation of genes in responding epithelial cells. Epithelial-mesenchymal interactions were described in detail by experimental embryologists as early as in the 1950's and 1960's.

Interactions between epithelium and mesenchyme are mediated by soluble factors, through direct cell-cell contact, and are under the influence of the extracellular matrix (ECM) (Grobstein, 1954), which changes its organization (Eklom *et al.*, 1981) and adhesive properties (Eklom *et al.*, 1980), and by diffusion of soluble factors. Direct cell-cell interactions between mesenchymal and responding epithelial cells have been observed during mammary gland development (Sakakura, 1991). Moreover, growth factors and ECM molecules may interact in the signaling of mesenchymal-epithelial interactions.

Grobstein (1956) (Fig. 1) and others (Saxen *et al.*, 1976, Slavkin and Bringas, 1976), found in the kidney and teeth that induction is mediated by soluble paracrine factors also in the presence of a Millipore filter between the epithelium and mesenchyme. Proteins, such as Nodal and Activin diffuse over a long distance and can

induce different sets of genes at different concentrations (Gurdon *et al.*, 1994, Gurdon *et al.*, 1995), while others, including Wnt, Vg1, and BMP4 proteins, however, act over a short distance (Jones *et al.*, 1996, Reilly and Melton, 1996).

Another feature of induction is its regional specificity. For example, the chick epidermis secretes proteins that signal the underlying dermal cells to form condensations, which, in turn, secrete soluble factors able to interact with the epidermis and to induce the formation of specific cutaneous structures (Nohno *et al.*, 1995, Ting-Berreth and Chuong, 1996).

In this historical review article, we retrospectively analyze the most important contribution to the definition and characterization of these interactions in three systems, including kidney, lung, and limb bud.

## Reciprocal interactions of developing kidney tissues

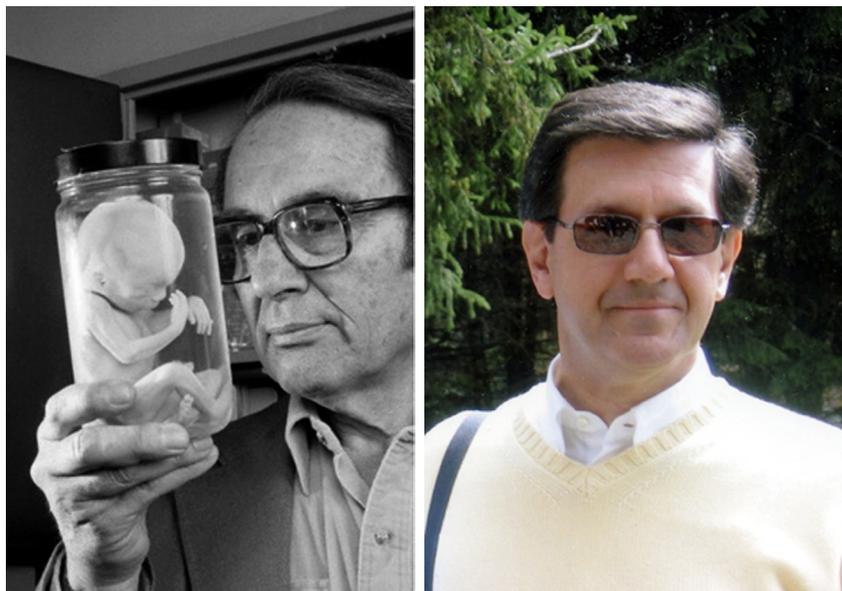
The development of the kidney starts when the ureteric bud, a local evagination of the Wolffian nephric duct, grows into metanephric mesenchyme. The epithelium of the ureter forms a network of tubules that are embedded in the mesenchyme, part of which

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*Abbreviations used in this paper:* AER, apical ectodermal ridge; BMP, bone morphogenetic protein; FGF, fibroblast growth factor; GDNF, glial-derived neurotrophic factor; GAG, glycosaminoglycan; TGF- $\beta$ , transforming growth factor beta.

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**Fig. 1 (Left). Clifford Grobstein (1916-1998).** Grobstein published a series of pivotal papers that established the phenomenon of epithelial-mesenchymal interaction as a principle of development.

**Fig. 2 (Right). Roberto Montesano.** Montesano at the University Medical Center of Geneva, Switzerland, has extensively investigated the mechanisms underlying the generation of branching epithelial tubules (tubulogenesis) in the development of different organs.

differentiates into epithelia which organizes themselves into proximal tubes and which join the distal tubules of the arborizing ureter, while the remainder provides the cellular matrix in which these tubules are embedded (Saxen, 1987). Reciprocal inductive interactions occur between the epithelium of the ureter and the adjacent mesenchyme (Grobstein, 1955, Saxen, 1970).

Grobstein (1955), (1956) cultured *in vitro* the ureteric epithelium and the adjacent mesenchyme alone or together, and demonstrated that the ureteric epithelium did not branch in the absence of the mesenchyme, while when they were cultured together, the epithelium branched and the nephrons formed regularly. Aufderheide *et al.*, (1987) showed that the incipient epithelium induced the expression of tenascin in the adjacent mesenchyme, and Montesano *et al.*, (1991) (Fig. 2) demonstrated that scatter factor/hepatocyte growth factor (HGF) induced the growth and branching of kidney epithelial cells.

More recently it has been demonstrated that the signal from the mesenchyme is glial-derived neurotrophic factor (GDNF) while its receptor RET is expressed in the ureteric bud (Shakya *et al.*, 2005). Mice with either the GDNF or RET gene knocked out form no kidney. If a GDNF slow-release bead is placed on a culture of nephrogenic mesenchyme from these embryos, then branching of the duct is restored in the GDNF knock out, which lacks the factor, but not in the RET knockout, which lacks the capacity to respond to it.

### Reciprocal interactions of developing lung tissues

The experiments of Rudnick (1933) with grafts of chick lung strongly suggested that budding of the bronchial tree does not take place when the epithelium is deprived of its investing mesenchyme and she concluded that factors necessary for the production of orderly branching of the endodermal bud lie within the surrounding mes-

enchyme. Loffredo Sampaolo and Sampaolo (1961) cultivating chick and rabbit lung on a defined medium, discovered that removal of the mesenchyme from the right lung interrupts the process of epithelial branching. The unaltered left lung, adjoining, continues to branch normally. Dameron (1961) demonstrated that the epithelium of fetal lung, isolated *in vitro*, is incapable of morphogenesis. When the epithelium is recombined with pulmonary mesenchyme, development resumes. Using short-term cultures of cells dissociated from embryonic lung, Grover (1961a) found that when the medium is seeded, the cells begin to re-aggregate into one mass. Moreover, the effectiveness of both dissociation and re-aggregation decreased with increasing age (Grover, 1961b).

Mesenchyme, separated from fetal mouse lung and placed on plasma clots at some distances from the bare tracheobronchial tree, migrate toward the epithelium and arrange itself about the epithelium. Following re-association, epithelial branching proceeds and this process is maximally inhibited after irradiation of both components (Alescio *et al.*, 1963). Alescio and Cassini (1962 a,b) demonstrated that if a section of mesenchyme from the tracheal bud is removed and replaced by mesenchyme taken from a bronchial bud, and if the grafted lungs is cultivated *in vitro*, a supernumerary bud grows out from the epithelium beneath the grafting site. Normally, the trachea produces no extra branches.

trachea produces no extra branches.

When the epithelium of the new-forming was covered with the tracheal mesenchyme, it did not branch regularly (Wessells, 1970), and the epithelial lung buds can be induced to form also gastric glands, villi epithelia or hepatic cords, in the presence of the corresponding mesenchyme (Deuchar, 1975).

The composition of the extracellular glycosaminoglycans (GAGs) varies during different phases of lung development and influence branching and differentiation of lung epithelium (Becchetti *et al.*, 1988, Shannon, 1994).

More recently, it has been demonstrated that the branching morphogenesis of the developing lungs involves a lateral inhibition-type system whereby new tips produce fibroblast growth factor-10 (FGF-10) and suppress the formation of other tips in their immediate neighborhood (Volckaert and De Langhe, 2014).

### Reciprocal interactions of developing limb tissues

The limb rudiment is initially specified as a territory in the mesoderm covered by an ectodermal epithelium. The mesenchyme is characterized by the presence of highly proliferating cells, named the progress zone, covered by a thick epithelia layer, named the apical ectodermal ridge (AER), the major signaling center for the developing limb.

In the 1960s, much experimental work has been directed to the study of the ectoderm-mesoderm interrelations in limb morphogenesis in the avian embryo. Two different hypothesis have been formulated. In both the main importance is attributed to the mesoderm of the site of the primary potencies for limb development.

One group of Authors (Zwilling, Saunders, Hampé, Tschumi, Milaire, Goetinck, and Abbott) considered the thickened portion

of the AER as a structure endowed with a mesoderm-dependent inductor activity (Saunders, 1948, Saunders and Reuss, 1974, Zwilling, 1956a, Zwilling, 1956b). The other group [Amprino (Fig. 3) and Camosso, Barasa, Belland and co-workers, Koeche] denied the inductor role of the AER, and attributed the major formative role to the mesoderm instead (Amprino, 1965, Kieny, 1960).

AER maintains the mesenchyme in a proliferating state (preventing it from forming cartilage) that enables the linear growth of the limb; maintains the expression of those molecules that generate the anterior-posterior axis; interacts with the proteins specifying the anterior-posterior and dorsal-ventral axis. AER formation requires bone morphogenetic protein (BMP) signaling and can be prevented in transgenic mice by expressing a dominant negative BMP receptor under the control of an epidermis-specific promoter.

The signal for limb bud formation comes from mesodermal cells, which secrete FGF-10, capable of initiating interactions between the ectoderm and mesoderm (Xu *et al.*, 1998, Yonei-Tamura *et al.*, 1999). FGF-10 induces the overlying ectoderm to form the AER. Moreover, FGF-10 induces the AER to synthesize and secrete FGF-8, which stimulates mitosis in the mesenchymal cells. The FGF-10 knockout mouse forms no limb buds.

### Epithelial-mesenchymal interactions in experimental recombination among tissues from different animal species

In 1952, Harold S. Fleming, published "Homologous and Heterologous Intraocular Growth of Transplanted Tooth Germs" in which he detailed the transplant of tooth germs from different species embryos or fetuses into the anterior chamber of the eyes of anesthetized mice, rabbits, and guinea pigs.

A number of recombinations between vertebrate tissues associated with epidermal organs, including skin, feather, mammary gland, salivary gland, tooth organ, suggest that regional mesenchymal specificity is instructive for determination and differentiation of



**Fig. 3. Rodolfo Amprino (1912-2007).** Amprino proposed that the apical ectodermal ridge arises simply from the accumulation of ectodermal cells at the apex of the limb bud, as a consequence of the distalward sliding of the dorsal and ventral ectodermal faces of the bud.

epithelial phenotypes. In epidermal organs mesenchyme becomes determined and differentiates into a unique phenotype, such as during tooth organogenesis and odontoblast differentiation.

Homospecific tissue recombinations allow to demonstrate the essential role of mesenchyme in epithelial growth, morphogenesis, and cytodifferentiation. Moreover, epithelial components may also intervene in the control of morphogenesis and differentiation of mesenchymal cells such as odontoblasts, chondroblasts, osteoblasts, and muscle cells.

### Further development

It is now well established that epithelial-mesenchymal interactions are now considered to constitute the single most important mechanism regulating organ development in vertebrates. The production of transgenic mice with deficient gene function has led to the identification of molecules that are required for the development of specific organs, including FGF, Hedgehog, Wingless, transforming growth factor beta (TGF- $\beta$ ), activin, BMPs. BMP-4 causes bone formation, cell death, and in other instances specifies the epidermis, while BMP-7 is important in neural tube polarity and kidney development (Daniel *et al.*, 1989, Ritvos *et al.*, 1995). In spite of the wide variety of molecules involved, common molecular mechanisms appear to govern the development in different organ systems.

FGF and TGF $\beta$  families mimicked the effects of inductive signals as it has been confirmed by inhibition experiments by using dominant negative mutations of growth factor receptor (Slack, 1994).

The FGF gene family comprises nearly two dozen structurally related members. FGF-8 is especially important during limb development and lens induction. FGF-8 is usually made by the optic vesicle that contact the outer ectoderm of the head. After contact with the outer ectoderm occurs, FGF-8 gene expression becomes concentrated in the region of the presumptive neural retina (Vogel-Hopker *et al.*, 2000).

The proteins of the Hedgehog family induce boundaries between cells. Three homologues of *Drosophila* Hedgehog gene are recognizable in Vertebrate: sonic Hedgehog (shh), desert Hedgehog (dhh), and Indian Hedgehog (ihh) (McMahon and Bradley, 1990, Stern *et al.*, 1995).

### Concluding remarks

The term epithelial-mesenchymal interaction is one of the most common used in developmental biology. In fact, the range of tissues that form as a result of the interaction between mesenchyme and the ectodermic and endodermic epithelia is wide. These interactions show almost two common features: they are sequential and coordinated and are reciprocal, occurring in both directions between the epithelial and mesenchymal tissues. Mesenchyme influences epithelial growth, induces specific patterns of ductal branching, specifies epithelial morphology and spatial organization, and activates specific patterns of epithelial cytodifferentiation and functional activity.

During normal development regulated by epithelial-mesenchymal interactions take place an invasive epithelial behavior which, differently from that occurs in cancer cells, is under spatial and temporal regulation. The existence of common molecules involved in the regulation of cancer and development, suggests "the possibility that understanding their function and mode of action during normal devel-

opment can provide insights into their abnormal ones.” (Arias, 2001).

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