

# Stem cells and neural signalling: the case of neoblast recruitment and plasticity in low dose X-ray treated planarians

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**ABSTRACT** Planarians (Platyhelminthes) possess an abundant population of adult stem cells, the neoblasts, capable to give rise to both somatic and germ cells. Although neoblasts share similar morphological features, several pieces of evidence suggest that they constitute a heterogeneous population of cells with distinct ultrastructural and molecular features. We found that in planarians treated with low X-ray doses (5 Gy), only a few neoblasts survive. Among these cells, those located close to the nervous system activate an intense proliferation program and migrate to reconstitute the whole complex neoblast population. This phenomenon is inhibited by the substance P receptor antagonist spantide, and accompanied by the up-regulation of a number of genes implicated in neuronal signalling and plasticity, suggesting that signals of neural origin modulate neoblast proliferation and/or migration. Here, we review these findings and the literature available on the influence of the nervous system on stem cell activity, both in planarians and vertebrates, and we propose 5 Gy-treated planarians as a unique model system to study the influence of neural signalling on stem cell biology.

**KEY WORDS:** *planarian, neoblast, adult stem cell, nervous system, neurotransmitter*

## Introduction

Stem cells and their potential therapeutic applications in tissue replacement represent a foremost focus of medical research. However, gaps in our knowledge must be filled to fully exploit stem cell therapeutic potential for the treatment of several devastating diseases, like neurodegenerative and cardiovascular diseases or muscular dystrophy. Among such knowledge gaps, a problematic central issue is the extrinsic control exerted *in vivo* by the microenvironment surrounding the stem cells, the so-called niche, on cell self-renewal, proliferation and differentiation. The niche regulates stem cell activity through several mechanisms, namely cell-cell and cell-matrix adhesion, cell-cell signalling via both membrane and secreted factors, enzymatic modifications of the extracellular matrix, etc. The niche modulates stem cell function under conditions of physiological challenge, and constitutes a suitable target for novel therapies, not only to enhance the regenerative ability of normal stem cells, but also to reduce the malignant potential of cancerous ones (Scadden, 2006).

Freshwater planarians (Platyhelminthes) provide a suitable model system for studying stem cell-niche interactions *in vivo*.

Indeed, planarians possess a population of pluripotent adult stem cells, the neoblasts, capable to give rise to both somatic and germ cells (Rossi *et al.*, 2008; Wenemoser and Reddien, 2010). Thanks to the neoblasts, planarians exhibit extraordinary regenerative capabilities: each small body piece is able to rebuild a complete organism, with a functional brain, within a week after amputation. This advantage, coupled with the successful application of molecular, cellular and genomic approaches, as well as the possibility to perform loss of function studies by the RNA interference (RNAi) technique, makes planarians a sound model system for *in vivo* investigations on stem cell biology and regeneration processes (Salò *et al.*, 2009; Sánchez Alvarado, 2007; Rossi *et al.*, 2008; Shibata *et al.*, 2010; Gentile *et al.*, 2011; Aboobaker, 2011). Moreover, the possibility to selectively eliminate neoblasts by X-rays allows to directly compare stem cell less-animals to wild-type planarians (Rossi *et al.*, 2008).

In this paper, we review the available data on planarian neoblasts and a possible role of the nervous system in regulating neoblast

*Abbreviations used in this paper:* BM, bone marrow; CB, chromatoid bodies; Gy, gray (unit of absorbed ionizing radiation); HSPC, hematopoietic stem and progenitor cell.

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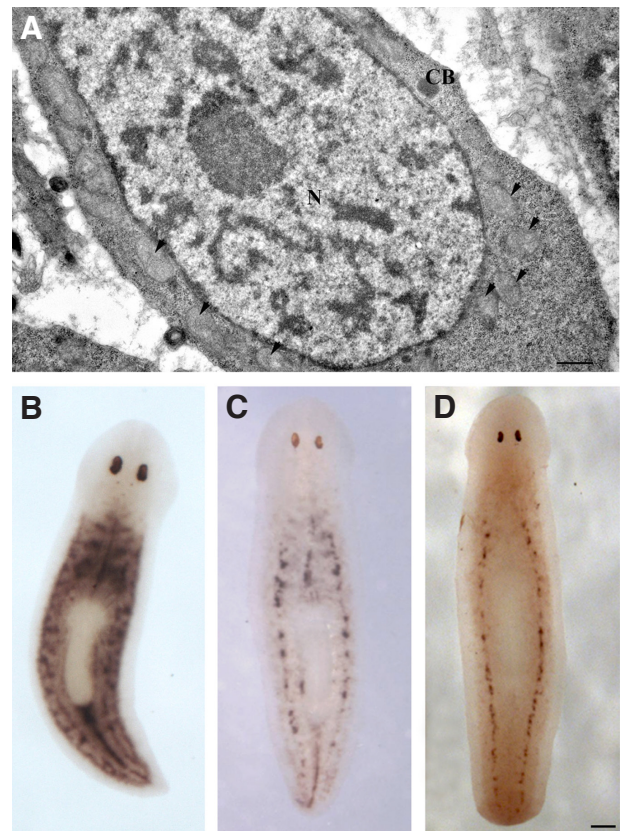
proliferation and migration, that is, in defining a niche, and we compare such knowledge with the evidence on the role of neural factors in defining adult stem cell niches in vertebrates.

### Neoblasts

The term neoblast, originally used to describe an annelid cell type (Randolph, 1892), is historically used to define an abundant population of dividing cells sharing a similar morphology and representing about 20-30% of planarian cells. At the ultrastructural level, neoblasts are small cells with a diameter of 5-10  $\mu\text{m}$ , rounded or pear-shaped, with a high nucleus/cytoplasm ratio and an undifferentiated cytoplasm with chromatoid bodies (CB) (Fig. 1A). CBs are electron dense perinuclear granules composed of RNA and proteins that decrease in number and size during cell differentiation, and, for this reason, are thought to be required for neoblast self-renewal and proliferation (Shibata *et al.*, 2010). In support of this hypothesis, a set of RNA-binding factors has been found to be necessary to maintain neoblast pluripotency (Yoshida-Kashikawa *et al.*, 2007; Rouhana *et al.*, 2010), and silencing of *Smed-SmB*, a homolog of a member of the LSM protein family, results in loss of CBs organization and severe neoblasts proliferation failure (Fernández-Taboada *et al.*, 2010). Moreover, Solana and colleagues (2009) demonstrated that a tudor homolog, Spoltud-1, is a component of CBs and is required for neoblast maintenance.

Neoblasts are involved in the formation of the blastema, an unpigmented structure where missing body parts are regenerated, in growth-degrowth processes and in tissue homeostasis (Rossi *et al.*, 2008). Neoblasts are spread in the parenchyma, a mesenchymal tissue that fills the space between the epidermis and the organs, and are not present in the most anterior part of the head and in the pharynx. In *Dugesia japonica*, neoblasts are also clustered in two dorso-lateral lines and along the body midline, as it can be visualized using general cell proliferation markers such as *DjMCM2* and *DjPCNA* (Salvetti *et al.*, 2000; Orii *et al.*, 2005) (Fig. 1B).

Neoblasts are the only proliferating cells in asexual planarians chiefly defined, at the molecular level, only on the basis of the expression of cell division markers, and aspects of their cycling activity have been elucidated by BrdU labelling (Newmark and Sánchez Alvarado, 2000). However, by analogy to other systems, neoblasts likely comprise both stem cells and transient progenitors, and the identification of molecular markers to unequivocally subdivide “neoblasts” into true stem cells and progenitor populations would appear as a key prerequisite for putting planarian stem cell research *en par* with other systems. In the last years, the breakthrough of new methodologies and genome sequencing (<http://genome.wustl.edu/genomes>) has led to the identification of several genes involved in neoblast maintenance, proliferation and differentiation and neoblast research has received a significant boost from new approaches (Sánchez Alvarado, 2007; Rossi *et al.*, 2007; Eisenhoffer *et al.*, 2008; Salò *et al.*, 2009; Abril *et al.*, 2010; Blythe *et al.*, 2010; Hayashi *et al.*, 2010; Shibata *et al.*, 2010; Aboobaker, 2011; Adamidi *et al.*, 2011; Fernández-Taboada *et al.*, 2011; Gentile *et al.*, 2011; Qin *et al.*, 2011), paving the way to the classification of neoblasts in subpopulations that might show different self-renewal/differentiation potential. Heterogeneity among neoblasts has been suggested by the identification of molecular markers, such as *DjPiwi-1*, a *D. japonica* homologue of the *Drosophila Piwi* gene, that is expressed in a subpopulation



**Fig. 1. Neoblasts.** (A) Electron micrograph depicting a neoblast. The arrowheads indicate some mitochondria. CB: chromatoid body; N: nucleus. Scale bar: 100 nm. (B-D) Expression of the neoblast marker *DjMCM2* visualized by whole mount in situ hybridization in an untreated organism (B) and in 5 Gy treated planarians 1 day (C) and 3 days (D) after irradiation. Scale bar: 500  $\mu\text{m}$ .

of neoblasts localized along the dorsal body midline (Rossi *et al.*, 2006). Sato and coworkers (2006) identified a nanos-related gene that is expressed in a subset of neoblasts localized in two dorsal lateral lines and two ventral spots, the presumptive germline stem cells. The presence of different neoblast subpopulations is also supported by cytofluorimetric and ultrastructural analyses, that led to identify two different X-ray sensitive cell fractions (X1 and X2), containing different types of neoblasts (Hayashi *et al.*, 2006; Higuchi *et al.*, 2007). The X1 fraction is highly enriched in type A neoblasts (renamed type 1, Shibata *et al.*, 2010), characterized by large cell size, a euchromatin-rich nucleus and several chromatoid bodies in their cytoplasm (Higuchi *et al.*, 2007). It has been suggested that this fraction mainly contains proliferating neoblasts, since X1 cells express high levels of cell cycle markers such as *DjMCM2* and *DjPCNA* (Hayashi *et al.*, 2006). The X2 cell fraction mainly contains type B neoblasts (renamed type 2, Shibata *et al.*, 2010), with a smaller cell size than cell type A, a heterochromatin-rich nucleus and few chromatoid bodies (Higuchi *et al.*, 2007). The X2 fraction also includes differentiating and differentiated cells (Higuchi *et al.*, 2007).

Although it is possible that type 1 and 2 neoblasts are the same cell type in different phases of the cell cycle, on the whole the data described above suggest that neoblasts are not a homogeneous population of cells, but rather a compound of different subpopula-

tions with different morphological features and expressing different sets of genetic markers.

Further evidence in support of neoblast heterogeneity comes from planarians treated with low X-ray doses, such as 5 Gy, in which at least three subpopulations of neoblasts with different levels of radiotolerance can be identified (Salveti *et al.*, 2009). The neoblasts clustered along the dorsal lateral lines are more radioresistant than those clustered along the body midline (Fig. 1D). Spread neoblasts are the most radiosensitive cells, as the majority of them disappear 1 day after treatment with the 5 Gy dose (Fig. 1C). We suggest that radiosensitive spread neoblasts are the dividing transit cell population, and their low radiotolerance might be ascribed to a higher cycling rate.

5 Gy-treated animals do not die and can regenerate, as the dramatic reduction of neoblasts is rapidly compensated by a few radioresistant *DjMCM-2*-positive cells that proliferate and repopulate the whole planarian body (Salveti *et al.*, 2009). Similarly, Wagner and coworkers (2011) demonstrated the existence of rare radioresistant *smedwi-1*-positive neoblasts, capable to repopulate *S. mediterranea* after 17,5 Gy exposure. By combining low irradiation doses and single-cell transplanting, they provided evidence that radioresistant *smedwi-1*-expressing neoblasts have clonogenic

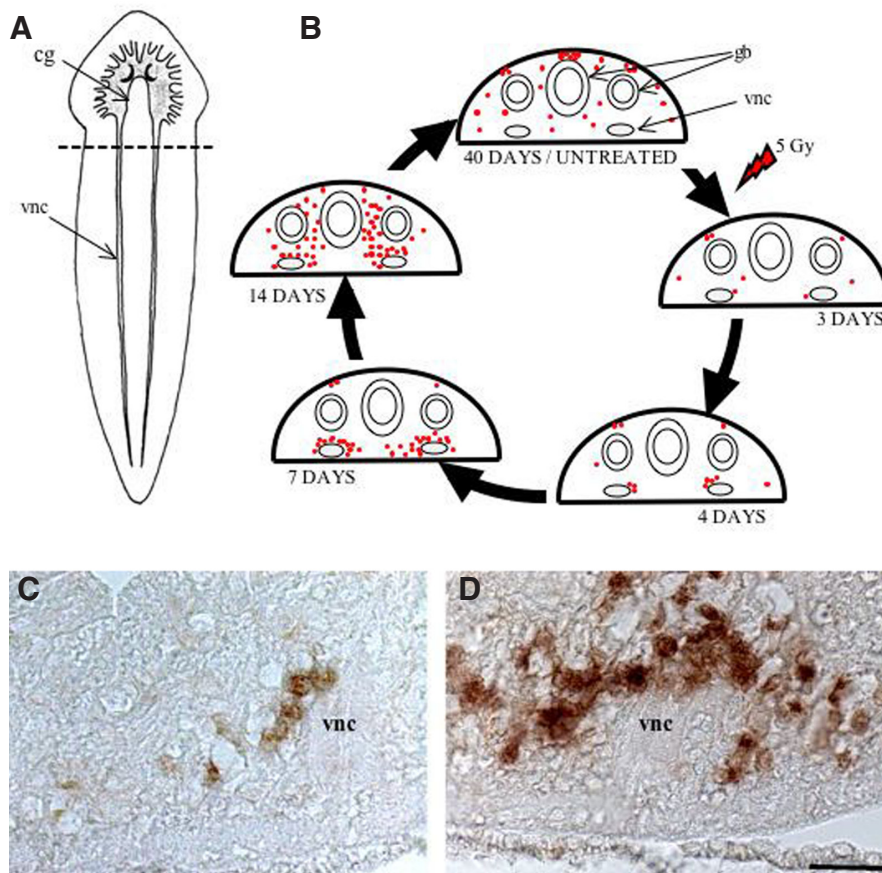
capability and are able to transform the irradiated recipient into a genetic clone of the donor by replacing all cells, thus demonstrating that at least some cells, among the neoblast population, are pluripotent stem cells.

Despite the boost from new approaches and the breakthrough of new methodologies, much remains to be understood about neoblasts and their biology. For example, what is the percentage of pluripotent neoblasts? Is the stem cell compartment hierarchically organized? What signals regulate neoblast biology?

### Neoblasts and the nervous system

It has been proposed that differentiated cells surrounding neoblasts might control neoblast biology and regeneration, by releasing signal molecules recognized by neoblast receptors (Baguña *et al.*, 1989; Agata, 2003). Indirect experiments suggest that the nervous system might contribute to the neoblast niche, thus regulating neoblast biology, as well as playing a morphogenetic action.

The planarian nervous system consists of two anterior ganglia connected with two ventral nerve cords (Fig. 2A). Several neuronal cell subtypes have been characterized in planarians, with respect to the neurotransmitter that they produce, for example dopamine



**Fig. 2. Neoblast repopulation after 5 Gy irradiation.** (A) Diagram of a planarian, the central nervous system is schematically represented. Dashed line indicates the level of sections depicted in B-D. (B) Scheme depicting *DjMCM2*-positive cell distribution in transverse sections after 5 Gy irradiation. (C,D) *DjMCM2* expression visualized by in situ hybridization in a transverse section 4 days (C) or 7 days (D) after irradiation. cg: cephalic ganglia; vnc: ventral nerve cords; gb: gut branch. Scale bar: 50  $\mu$ m.

(DA), serotonin (5-HT), GABA and octopamine (Nishimura *et al.*, 2007a,b; 2008a,b). Moreover, peptidergic neurons such as allatostatin-, substance P-, GYRFamide-, somatostatin (SRIF)- and met-enkephalin-producing neurons have been identified (Bautz and Schilt, 1986; Cebrià, 2008). Moreover, 51 genes predicted to encode more than 200 peptides have been isolated and characterized in *S. mediterranea*. About 85% of these prohormone genes have been found to be expressed in the central nervous system (Collins *et al.*, 2010).

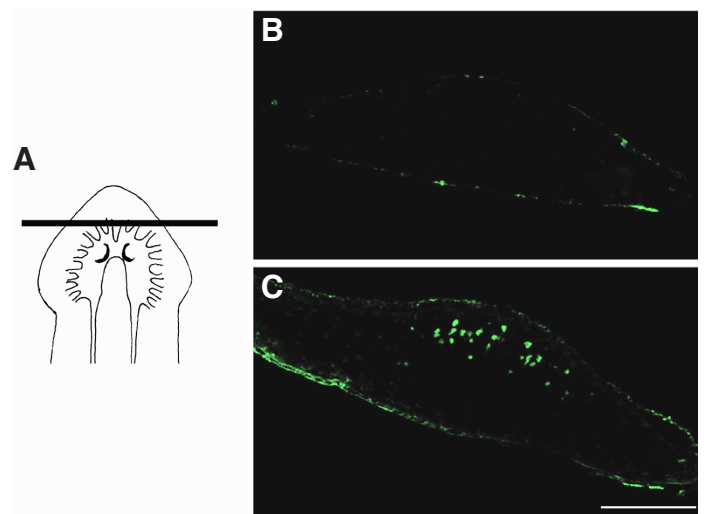
The dependence of regeneration of lost body parts on concomitant nerve regeneration is widely conserved in phylogeny, being observed not only in various contexts in vertebrates but also in echinoderms and annelids (Brockes and Kumar, 2008).

Conflicting evidence for and against a role of the nervous system as a planarian stem cell niche exists. A number of classical studies indicate that removal of the nervous system inhibits regeneration in several species. The number of neurosecretory cells increases significantly during regeneration, and an accumulation of neurosecretory granules has been described six hours after amputation (Cebrià, 2007). Friedel and Webb (1979) showed that a neurosecretory fraction, isolated from regenerating planarians, significantly stimulated the number of proliferating cells. It has been proposed that neuropeptides control neoblast biology, both promoting neoblast proliferation, as demonstrated for neuropeptide F and substance K, and reducing mitotic activity, as demonstrated for somatostatin-like peptide (Bautz and Schilt, 1986; Hori and Kishida, 2003; Kreshchenko *et al.*, 2008). The influence of the

nervous system on neoblast proliferation has also been suggested by Baguña and coworkers (1989) who demonstrated a mitogenic role for substance P in planarians. Moreover, serotonin has been found to stimulate cell proliferation, noradrenaline and propranolol (a  $\beta$ -adrenergic antagonist) are known to modify the regeneration rate, and specific dopamine inhibitors reduce the regeneration rate (Franquinet, 1979). Despite these intriguing data, the role of neurotransmitters in the regulation of neoblast proliferation and regeneration is still an open question. For example, the knockdown of tyrosine hydroxylase in *D. japonica*, which is accompanied by an extensive loss of dopamine, does not inhibit regeneration (Nishimura *et al.*, 2007b). On the other hand, a large scale screening identified 5 genes, expressed in the planarian nervous system, whose silencing by RNA interference inhibits regeneration (Reddien *et al.*, 2005); silencing of one of them, *NB43.2h*, resulted in a reduction of neoblast proliferation in the blastema (Brockes and Kumar, 2008).

Interestingly, it has frequently been observed that genes expressed in neoblasts, encoding for putative RNA-binding proteins (Shibata *et al.*, 1999; Salvetti *et al.*, 2005; Guo *et al.*, 2006; Yoshida-Kashikawa *et al.*, 2007; Solana *et al.*, 2009; Fernández-Taboada *et al.*, 2010), as well as *Smed-CHD4* (Scimone *et al.*, 2010) and *Smedinx-11* (Oviedo and Levin, 2007), encoding a putative chromatin remodelling protein and a gap junction factor, respectively, are also expressed in fully differentiated brain neurons. Yoshida-Kashikawa and coworkers (2007) demonstrated that the DjCBC-1 protein, a homolog of the DEAD box RNA helicase gene, is expressed in neoblast CBs and also in neural CB-like structures, suggesting that post-transcriptional regulation is a common mechanism in somatic cells. Although there is not a clear explanation for this phenomenon, it might be speculated that the concomitant expression of these genes in neoblasts and neurons might regulate in a coordinate way the expression of cell type specific factors that finally promote a joined response, such as an increase or decrease of neoblast proliferation/differentiation.

A neural-induced neoblast proliferation has also been suggested in *D. japonica* by the evidence that neoblast repopulation in 5 Gy-treated animals started ventrally from a few *DjMCM2*-positive cells adjacent to the ventral nerve cords (Salvetti *et al.*, 2009). Although the 5 Gy dose dramatically reduced neoblast number, surviving neoblasts were detectable throughout the body 3 days after irradiation. In the following days, the number of neoblasts associated with the nerve cords increased, producing large cell clusters that could be observed 1 week after irradiation (Salvetti *et al.*, 2009) (Fig. 2). Notably, neurosecretory cells have been described all along the nerve cords (Cebrià, 2007). In subsequent days, these radioresistant cells and/or their progeny migrated to the dorsal side of the planarian body, thus re-establishing the neoblast system (Fig. 2B). In 5 Gy-treated animals, clusters of neoblasts expressing the cell cycle markers *DjMCM2* and *DjPCNA* were also present anterior to the eyes (Fig. 3). We exclude that these clusters of cells are quiescent neoblasts that reactivate proliferation following 5 Gy irradiation, since this region is normally devoid of neoblasts (Rossi *et al.*, 2008). A more plausible hypothesis is that these anterior cells derived from the migration of neoblasts from a region posterior to the eyes, whose number in 5 Gy irradiated animals, starting from the 10<sup>th</sup> day after irradiation, was greater than in untreated animals. Later on, neoblast density decreased to pre-treatment levels, and neoblast cell clusters anterior to the eyes disappeared (Salvetti *et al.*, 2009).



**Fig. 3. Detection of proliferating cells in the cephalic region anterior to planarian eye spots.** (A) Diagram of the planarian head, the nervous system is schematically represented. The line indicates the level of sections depicted in B and C. (B,C) Distribution of *DjPCNA* expressing neoblasts visualized by immunofluorescence in an untreated control (B) and in a 5 Gy-treated animal 11 days after irradiation (C). Scale bar: 200  $\mu$ m.

The idea of a neural-induced cell proliferation is also supported by the evidence that spantide, an antagonist of the neuropeptide substance P that is a potent mitogen in planarians (Baguña *et al.*, 1989), drastically reduced the number of mitoses in 5 Gy animals, suggesting that substance P might affect neoblast proliferation in irradiated animals (Salvetti *et al.*, 2009). A release of substance P is consistent with the observed up-regulation of factors of the mitogen-activated protein (MAP) kinase pathway in 5 Gy-treated animals (Rossi *et al.*, 2007). The substance P receptor has indeed been shown to signal through the MAPK pathway (Salvetti *et al.*, 2009).

Microarray analysis of gene expression upon 5 Gy irradiation also revealed the up-regulation of several genes encoding enzymes involved in the metabolism of neurotransmitters (Rossi *et al.*, 2007). Moreover, a homolog of *pushover* (*push*), which has been implicated as downstream target of Amn or PACAP neuropeptides, and that controls perineural glial growth in *Drosophila* (Yager *et al.*, 2001), is up-regulated after 5 Gy treatment, together with a PACAP homolog (Rossi *et al.*, 2007). To focus our attention on genes specifically involved in neoblast reactivation after 5 Gy treatment, we restricted the supervised analysis II presented by Rossi and coworkers (2007), by comparing the transcriptional profile of 5 Gy-treated animals 4 days after the treatment, the time when neoblasts reappear ventrally, to that of controls (not irradiated). By this approach, we identified some up-regulated genes (Fig. 4). Some of these genes have already been characterized in planarians, such as *DjCBC-1* (Yoshida-Kashikawa *et al.*, 2007) and *Djwnt-A*, the planarian homolog of *wnt*, which is expressed in the posterior region of the wild-type planarian brain (Kobayashi *et al.*, 2007). In addition, other interesting genes were found up-regulated, such as the homologs of *RHO1 GTPase*, *cathepsin B*, *dynactin subunit 2*, *twinfilin-1*, *kallikrein*, *Septin 11*. These genes are not exclusively expressed in neurons. However, findings indicate that these molecules play roles in neuronal plasticity (Billuart *et al.*, 2001; Kwinter *et al.*, 2009; Wang *et al.*, 2010; Li *et al.*, 2009; Winge



orexin, calcitonin gene-related peptide (CGRP), opioids, vaso-intestinal peptide (VIP), adenosine,  $\gamma$ -aminobutyrate (GABA), and somatostatin (Kalinkovich *et al.*, 2009). Recently, a novel function of SP as an injury-inducible messenger to mobilize bone marrow stem cells to the blood and engage them in tissue repair has been proposed (Hong *et al.*, 2011). Moreover, SP has been found to alleviate  $\gamma$ -radiation-induced damage to mouse bone marrow stem cells and human mesenchymal stem cells via regulation of the apoptotic pathway (An *et al.*, 2011).

A receptor of corticotrophin-releasing factor (CRF) and its related peptides urocortin 1, 2 and 3, CRF1, has been found expressed in the stem cells of the colonic crypts (Chatzaki *et al.*, 2004). While the role of CRF or urocortin stimulation on colonic transit, motility, mucosal permeability, and inflammation is under intense investigation, to our knowledge a possible role of these neuropeptides in the regulation of colon stem cell proliferation has not been investigated.

A recent study in mice provides evidence for a nervous control of intestinal stem/progenitor cells *in vivo*: luminal capsaicin, which stimulates intestinal external axons, increased intestinal thymidine kinase (TK) activity, an indicator of cell renewal rate of the intestinal epithelium, 3H-thymidine incorporation into DNA and number of BrdU labeled crypt cells. The observed capsaicin effects were nervously mediated, as they were attenuated by the anaesthetic lidocaine and by antagonists of four different neurotransmitters - muscarinic, nicotinic, neurokinin 1 and calcitonin gene related peptide (CGRP) receptors -, and abolished after degeneration of the extrinsic nerves (Lundgren *et al.*, 2011). Immunoreactivity for M3 and M5 muscarinic receptors was detected on the intestinal stem/progenitor cells. The authors propose that the stem/progenitor cells are controlled by cholinergic nerves, which, in turn, are influenced by mucosal afferent neurons releasing acetylcholine and/or substance P and/or CGRP. In mice lacking the capsaicin receptor, thymidine incorporation into DNA and number of crypt cells labeled with BrdU was lower than in wild type animals, suggesting that nerves are important also in the absence of luminal capsaicin (Lundgren *et al.*, 2011).

## Conclusions

The data reviewed in the present paper depict a pivotal role for signals released by the nervous system in the regulation of stem cell proliferation and housing, a role that appears to be conserved from planarians to higher vertebrates. This evolutionary conservation suggests that the strict interplay described between the vertebrate nervous system and HSPCs, or intestinal stem cells, might just represent the tip of the iceberg, and that neural signalling might contribute to stem cell niches in many other, or even all, adult vertebrate tissues and organs. Thus, this field, in our opinion, deserves much more attention, in that it might open new perspectives in stem cell biology and therapeutical applications. However, in complex organisms, such as vertebrates, it is very problematic to define exactly the effect of a given stimulus on stem cell maintenance, proliferation, commitment or migration, due to the difficult experimental accessibility of adult stem cells. The finding that planarian neoblasts seem to be under the control of neural signals is therefore particularly intriguing, since these organisms offer a number of advantages typical of an *in vitro* cell culture - that is, experimental accessibility, possibility to easily and rapidly interfere with gene expression, lack of ethical issues,

etc. -, together with those of a living organism. However, direct evidence is necessary to definitely ascertain the contribution of the central nervous system in defining a neoblast niche and it is not known whether a specific anatomical location exists for neoblast along the nervous system, and whether other organs play a role in defining neoblast niches; for example the mesenchymal surface of the gut might be another important player in defining neoblast fate. Thus, the repopulation process that follows 5 Gy treatment might represent an ideal model system to test the effects of specific neuronal and non-neuronal signals on neoblast proliferation and housing. For example, the use of specific neurotransmitter agonists or antagonists might allow to identify specific neuronal sub-types, involved in the control of neoblast biology, thus providing cues on the specific location of hypothetical anatomical niches along the ventral nerve cords. Finally, it cannot be excluded that the concept of niche might be extended to the entire planarian body, in which the interplay between stem cells and their differentiated progeny creates the dynamic system necessary for sustaining tissue turnover, regeneration and body size.

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