

Cell death in the developing vertebrate retina

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ABSTRACT Programmed cell death occurs naturally, as a physiological process, during the embryonic development of multicellular organisms. In the retina, which belongs to the central nervous system, at least two phases of cell death have been reported to occur during development. An early phase takes place concomitant with the processes of neurogenesis, cell migration and cell differentiation. A later phase affecting mainly neurons occurs when connections are established and synapses are formed, resulting in selective elimination of inappropriate connections. This pattern of cell death in the developing retina is common among different vertebrates. However, the timing and magnitude of retinal cell death varies among species. In addition, a precise regulation of apoptosis during retinal development has been described. Factors such as neurotrophins, among many others, and electrical activity influence the survival of retinal cells during the course of development. In this paper, we present a summary of these different aspects of programmed cell death during retinal development, and examine how these differ among different species.

KEY WORDS: *apoptosis, development, retina, glutamate, neurotrophin, insulin*

Introduction

Apoptosis (derived from a Greek word meaning "falling off", as leaves from a tree in Autumn) is the main morphological feature of the process of programmed cell death or "cell suicide". It is a widespread, physiological phenomenon which occurs during the embryonic development of multicellular organisms (Glücksmann, 1965; Oppenheim, 1991) and represents the most common mechanism to regulate the size of cell populations during development, as well as in adult life. In the developing vertebrate nervous system, for example, around half or more of the nerve cells normally die soon after they are born. Moreover, deregulated cell death is increasingly recognized as a frequent component in the course of different diseases, and it has been considered the final common pathway resulting from a variety of primary defects.

The concept of apoptosis was elaborated as a counterpoint to necrosis. The critical experiment which allowed the differentiation of these two forms of cell death was the production of ischemic damage to liver tissue (Kerr *et al.*, 1972). Apoptosis is characterized at the ultrastructural level by the condensation of nuclear chromatin, shrinkage of the cell soma, blebbing of the plasma membrane and fragmentation of the cell into pieces called apoptotic bodies. The cell surface is altered, displaying properties which cause the dying cell to be rapidly phagocytosed, either by neighboring cells or by macrophages, before any leakage of its contents occurs. Therefore, inflammatory reactions do not occur in apoptosis, in which intracellular organelles such as mitochondria and

endoplasmic reticulum are relatively preserved. In contrast, necrosis is characterized by early swelling and rupture of intracellular organelles and the plasma membrane, typically accompanied by inflammation in an extensive portion of tissue, either challenged with harsh physical conditions or severely poisoned by chemicals.

During recent years, however, it has become evident that there is a continuum, rather than a clear-cut difference, between both cell death modalities. Some features which were initially regarded to be specific for one form of cell death have been recognized to be common to both. Furthermore, cells can switch from one mode of cell death to another in response to varying intensities of the same insult and depending on the availability of energy substrates (Pettmann and Henderson, 1998; Bähr, 2000).

Important advances in our understanding of the mechanisms which underlie programmed cell death have come from studies of the nervous system (Raff *et al.*, 1993; de la Rosa and de Pablo, 2000). In the retina, a portion of the central nervous system, up to 90% of recently born retinal ganglion cells (RGCs) die during rat retinal development (Galli-Resta and Ensini, 1996). Interestingly, the actual number of apoptotic cell profiles remains less than 1%

Abbreviations used in this paper: AC, amacrine cell; ACD, displaced amacrine cell; BC, bipolar cell; C, cone; ER, endoplasmic reticulum; FasL, Fas ligand; GCL, ganglion cell layer; HC, horizontal cell; INL, inner nuclear layer; IPL, inner plexiform layer; MC, Müller cell; NBL, neuroblastic layer; ONL, outer nuclear layer; TNF, tumor necrosis factor.

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according to instantaneous detection methods (Perry *et al.*, 1983). Nevertheless, the precise magnitude and timing of the process of retinal cell death has not yet been completely characterized. To this end, it is very important to analyze retinal cell death in a quantitative and standardized manner. However, it is very difficult to estimate the magnitude of cell death in the retina, since cells cannot be specifically labeled before they have committed themselves to their definitive phenotype. For this reason, most of the data related to the quantification of cell death in the developing retina are based on studies of retinal ganglion cells (Bähr, 2000; Isenmann *et al.*, 2003).

The purpose of the present article is to review the molecular bases and mechanisms of cell death which occurs during retinal development, as well as to summarize the timing of retinal cell death which occurs during the development of different species.

Intracellular pathways leading to cell apoptosis

A variety of stimuli can lead to apoptotic cell death. These proapoptotic stimuli include both extracellular and intracellular signals. The former include tumor necrosis factor (TNF) and Fas ligands (FasL) or the absence of trophic factors. In contrast, DNA damage and endoplasmic reticulum (ER) stress are examples of intracellular proapoptotic signals. These specific signals produce the activation of intracellular pathways which result in biochemical and morphological changes in the cell. Caspases, which are a family of proteases that have a cysteine at their active site and cleave their target proteins at specific aspartic acid residues, are typically activated during the early stages of apoptosis (Tornberry and Lazebnik, 1998). Caspases are synthesized in the cell as inactive precursors, or procaspases, which are usually activated

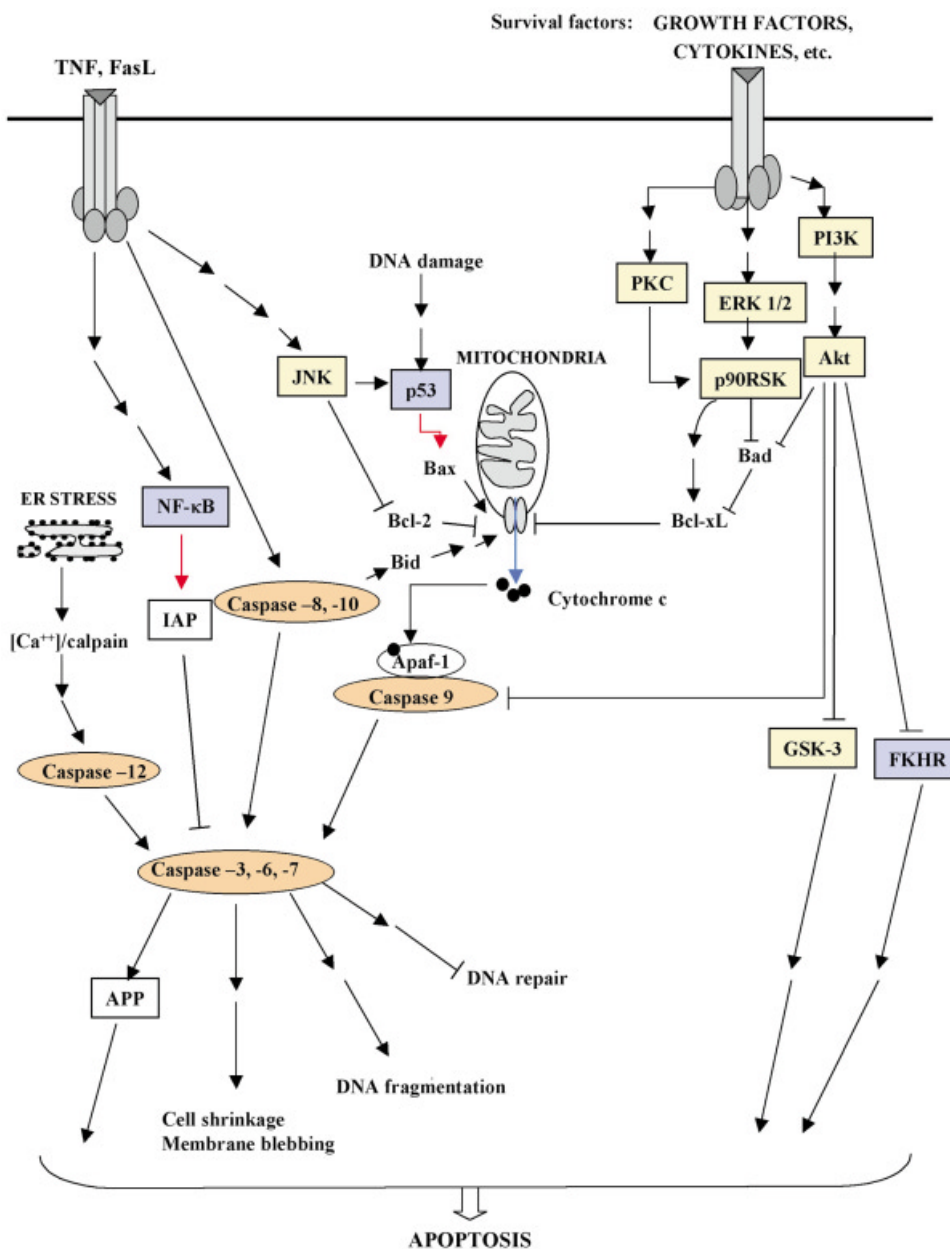


Fig. 1. Typical signaling pathways which lead to cell apoptosis or survival. Proapoptotic stimuli include both extracellular (TNF, FasL) and intracellular signals (DNA damage and ER stress). Caspases are central regulators of apoptosis. Initiator caspases (including caspases 8, 9, 10 and 12) are closely coupled to proapoptotic signals. Fas and TNFR activate caspases 8 and 10; DNA damage leads to activation of caspase 9, and ER stress leads to calcium-mediated activation of caspase 12. Once activated, these caspases cleave and activate downstream effector caspases (including caspases 3, 6 and 7), which in turn cleave cytoskeletal and nuclear proteins and induce apoptosis. Cytochrome C, which is released from mitochondria is coupled to the activation of caspase 9, a key initiator caspase. Mitochondrial membrane permeability and thus cytochrome c release is regulated by the Bcl-2 family. Some members of this family, such as Bid and Bax, are pro-apoptotic while others are anti-apoptotic (Bcl-xL and Bcl-2). Anti-apoptotic ligands including growth factors and cytokines activate Akt and p90RSK, which inhibit Bad and prevent cytochrome c release. TNFR can also stimulate an antiapoptotic pathway by inducing IAP, which directly inhibits caspases 3, 7 and 9. Abbreviations: Akt, serine-threonine kinase; Apaf-1, apoptotic protease activating factor 1; APP, β-Amyloid precursor protein; Bcl-2, B-cell leukemia proto-oncogene; Bid, A BH-3 domain-only death agonist protein; ER, endoplasmic reticulum; ERK, extracellular signal-regulated kinase; FasL, Fas ligand; FKHR, Forkhead in rhabdomyosarcoma; GSK-3, Glycogen synthase kinase-3 beta; IAP, inhibitor of apoptosis; JNK, Jun N-terminal kinase; p90RSK, 90 kDa ribosomal S6 kinase; TNF, tumor necrosis factor; TNFR, tumor necrosis factor receptor; NF-κB, nuclear factor kappa B; PI3K, phosphoinositide 3 kinase; PKC, protein kinase C. Color and arrow legend: yellow, kinase; blue, transcription factor; simple arrow, direct effect; multiple arrow, multistep effect; tip-arrow, stimulatory modification; T-arrow, inhibitory modification; blue arrow, translocation; red arrow, transcriptional stimulation.

via proteolytic cleavage by another member of the caspase family, resulting in an amplifying proteolytic cascade. These proteases cleave key cellular substrates which are required for normal cellular function, including structural proteins in the cytoskeleton and nuclear proteins such as DNA repair enzymes. Caspases can also activate other degradative enzymes such as DNases, which cleave DNA in the nucleus. The activation of these powerful death effectors is a critical process. Mitochondria play an important role in the regulation of cell death through release of cytochrome C, which together with Apaf-1 and ATP form a complex with pro-caspase 9, leading to activation of caspase 9 and the caspase cascade (Fig. 1).

Methods to identify apoptotic cells

As we have mentioned above, it is difficult to estimate the number of apoptotic cells in the developing retina due to the lack of markers to identify the different cell types in an undifferentiated stage. Quantification of the apoptotic process is also difficult to perform, since the process is not restricted to a defined period, but rather occurs at different stages of development. Most of the studies reporting the quantification of retinal cell apoptosis during development are based on images taken at a particular time point of the process, but few studies have attempted to characterize the dynamics of retinal programmed cellular death. In one of these scarce studies, the progression of nuclear condensation was followed by time-lapse analysis in organotypic cultures of newborn rat retina, previously labeled with a nuclear dye (Cellerino *et al.*, 2000). The process of apoptosis was found to last about 40 minutes and the duration of the whole process was found to be similar for the different cell types. However, the kinetics of RGC apoptosis cannot be observed in single neurons *in vivo*. Thus, the time course of the apoptotic process in these cells has been estimated from the number of neurons of the same population displaying morphological and/or biochemical signs of apoptosis during the period of neuronal death.

The main methods used to identify apoptotic cells include histological methods such as Feulgen, TUNEL and immunocytochemical methods. The Feulgen staining procedure is a classical histochemical method based on the staining of DNA by a previous acid hydrolysis step, to remove purines from the deoxyribose backbone of the DNA molecule. Removal of purines leads to exposure of deoxyribose sugars with an aldehyde group. These groups can be identified by staining with a Schiff reagent (in this case, an aqueous solution of cresyl-violet and sulfurous acid used to test the presence of aldehydes). The amount of stain color developed is directly proportional to the amount of DNA present in the stained objects. Thus apoptotic cells can be identified as cells with a dark purple, compacted nucleus (Fig. 2A).

The TUNEL method (Terminal deoxynucleotidyl transferase-mediated dUTP nick-end labeling method) specifically stains apoptotic cells, making them easily distinguishable from normal cells. This technique consists of pre-treatment of cell or tissue samples with protease and then incorporation of a labeled oligo (dU) into the DNA breaks with terminal deoxy-transferase. Finally, labeled oligo (dU) is visualized either with peroxidase or fluorescence. The TUNEL reaction is highly specific and only apoptotic nuclei are stained (Gavrieli *et al.*, 1992) (Fig. 2B).

With respect to immunocytochemical methods, apoptotic activity can be identified by using antibodies to different proteins or

substrates which specifically participate in the apoptotic cascade. Proposed immunocytochemical markers for apoptosis include c-jun, proteases and other markers (Schemechel, 1999) (Fig. 2C).

Factors which regulate the apoptosis of retinal cells during development

A common feature of apoptosis observed in all studied species is the existence of two phases of programmed cell death during retinal development. Neuronal cell death during the late phase of apoptosis seems to be associated with a lack of trophic factor. In contrast, survival of neural cells and developing neurons during the early phase of apoptosis is regulated by neurotrophic factors and/or by interactions of their afferents with neighboring glial cells, so that the number of afferent neurons matches available sites in the target-space (Clarke, 1985; Oppenheim, 1991; Linden, 1994). In addition, electrical activity can influence the early survival of both neurons and glial cells by activating intrinsic mechanisms (Meyer-Franke *et al.*, 1998).

Evidence for the dependence of apoptosis on cell-cell interactions came from experimental manipulation of the developing nervous system. Moreover, the discovery and characterization of various factors derived from either neurons or glia have revealed some of the cues that are essential during programmed cell death. Pharmacological manipulation and the generation of transgenic animals have allowed an elucidation, at least in part, of the mechanisms and timing of the apoptotic process in the developing retina.

Neurotrophins and their receptors: NGF, BDNF, NT-3, NT-4, P75, Trks

Neurotrophins play an important role in the development and regeneration of the visual system in several species of vertebrates. Neurotrophins are polypeptide molecules belonging to a family which comprises six closely related factors: nerve growth factor (NGF), brain derived neurotrophic factor (BDNF), neurotrophin 3 (NT-3), neurotrophin 4 (NT-4), neurotrophin 6 (NT-6) and neurotrophin 7 (NT-7), a member of the neurotrophin family only found so far in zebrafish (Nilsson *et al.*, 1998). Two subtypes of neurotrophin receptor have been characterized: the first consists of the tyrosine kinase (Trk) family of receptors known as TrkA, TrkB and TrkC, which specifically bind individual

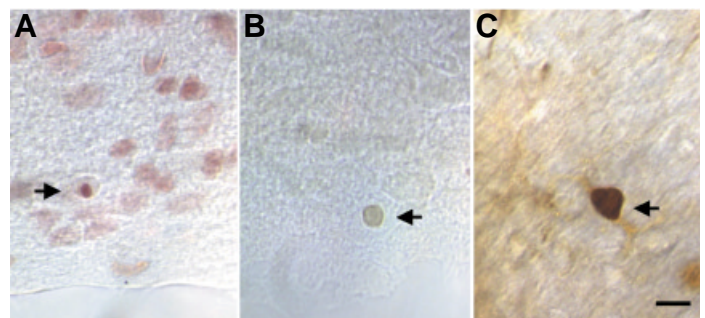


Fig. 2. Three different methods to visualize apoptotic cells. (A) Feulgen staining, **(B)** the TUNEL method with peroxidase labeling and **(C)** immunohistochemical detection of caspase activity. Arrows point to apoptotic cells visualized with the different methods. Scale bar, 10 μ m. (Figure provided by Luis Martinez and María Inmaculada Guerricogaitia)

neurotrophins (Barbacid, 1994); the second type is the low-affinity NGF receptor, also known as low-affinity neurotrophic receptor (p75), which binds neurotrophins with varying affinities and does not possess intrinsic tyrosine kinase activity.

The localization and function of neurotrophins and their receptors in the developing retina has been analyzed in different species. It has been proposed that neurotrophins play a role in the topographic refinement of retinocollicular projections during the development of the retinocollicular system. This process is partially mediated by the selective elimination of retinal ganglion cells which establish inappropriate topographic projections (Herzog *et al.*, 1994; Lein *et al.*, 2000).

NGF controls the programmed cell death which affects early postmitotic neuroblasts during development. NGF, through binding to the p75 receptor, acts as a killing factor, thereby controlling the provisional number of newly generated neurons (Frade *et al.*, 1996). Moreover, it has been shown that the binding of NGF to p75 leads to the activation of intracellular pathways which involve ceramide production, in a way similar to that described following TNF and Fas receptor activation (Carter and Lewin, 1997; Dechant and Barde, 1997). Thus, anti-NGF or anti-p75 antibodies substantially reduce the number of apoptotic cells in the E6 chick retina (Frade *et al.*, 1996; 1999). Moreover p75 can bind to other neurotrophins and in that case its effect leads to a neuroprotective action (Butowt and von Bartheld, 2003).

More recently, a zinc finger protein designated neurotrophin receptor interacting factor (NRIF) has been reported to modulate p75 signaling. Thus, studies with NRIF knockout mice have demonstrated that animals which survive beyond E12 have reduced developmental cell death in the retina. Although p75 seems to be an important regulator of programmed cell death, its role in embryonic and postnatal apoptosis has still not been fully characterized (Casademunt *et al.*, 1999). However, it has been demonstrated that p75-mediated apoptosis is dependent on the expression of the signaling adaptor molecule named p75NTR-associated cell death executor (NADE). NADE has been shown to participate in p75-mediated apoptosis induced by NGF (Mukai *et al.*, 2000).

BDNF, through TrkB activation, acts as a target-derived trophic factor controlling the survival of RGCs during the period of naturally occurring cell death. Recently it has been demonstrated that TrkB receptor signaling regulates developmental death dynamics, but not final number of retinal ganglion cells (Pollok *et al.*, 2003). In the chick retina, the application of BDNF to embryos *in ovo* prevented retinal cell death during the early period of development (E5-7), whereas exogenously applied NGF and NT-3 had no such effect. The addition of BDNF to embryos resulted in an approximately 70% increase in the number of RGCs (Frade *et al.*, 1997). The influence of neurotrophins on retinal cell survival and differentiation depends on the stage of development of the retina and on the location to which the neurotrophins are applied. Thus, in *Xenopus*, BDNF is produced in the optic tectum soon after RGC axons have reached this target. This endogenous BDNF is necessary for the development of RGC axons and dendrites and increases the complexity of RGC dendritic and axonal arbors (Lom and Cohen-Cory, 1999). However, when BDNF is directly provided to cell bodies by intraocular injections, RGC axonal arbors are not influenced and dendrites undergo atrophy.

NT-3 is extensively expressed among most retinal cell types in many species during development. The conservation of this pat-

tern of expression of NT-3 during evolution may reflect the important functions which have been attributed to this neurotrophin as a factor required during normal development and cell differentiation (De la Rosa *et al.*, 1994a; 1994b). Thus, it has been postulated that the lack of NT-3 results in a more massive early programmed cell death of newly generated RGCs (Bovolenta *et al.*, 1996).

Immunohistochemical analysis of NT-3 in the developing retina demonstrated that this molecule predominates in the inner retinal layers (Das *et al.*, 1997). Thus, NT-3 is located in the inner nuclear layer (Hallböök *et al.*, 1996) and in the ganglion cell layer (Bennett *et al.*, 1999) in the developing retina. NT-3 promotes the differentiation of neuroepithelial cells into neurons during chicken retina development (Frade *et al.*, 1999) and facilitates the differentiation of retinal neurons in culture (De la Rosa *et al.*, 1994a). On the other hand, NT-3 promotes the survival of differentiated ganglion cells (De la Rosa *et al.*, 1994a). Responsiveness of differentiated RGCs to NT-3 is preferentially manifested within a narrow period of retinal development, which coincides with the time during which RGC axons reach their innervation field. This developmental period also coincides with the time of maximal arborization and synapse formation within the retina (De la Rosa *et al.*, 1994a). NT-3 thus participates in early cell differentiation and in the later promotion of the survival of differentiated neurons. It has been suggested that these two roles are probably mediated via two distinct types of NT-3 receptors. The first type of receptor appears just coincidentally with the main onset of retinal differentiation, whereas the second type is expressed later, when most retinal cells have already differentiated (De la Rosa *et al.*, 1994a). NT-3 thus plays a vital role in the development of the central nervous system.

NT-4 promotes the survival of developing and adult rat RGCs *in vitro* (Cohen *et al.*, 1994; Ary-Pires *et al.*, 1997) and rescues rat RGCs from developmental cell death *in vivo* (Cui and Harvey, 1994).

Insulin

Insulin-related growth factors positively modulate a number of processes during neural development, as well as in adult neuronal and glial physiology (Varela-Nieto *et al.*, 2003). Extrapancratic (pro)insulin and the insulin receptor seem to play an important role in the regulation of the proliferative stages of retinal neurogenesis. Thus, embryonic proinsulin could act as an endogenous protective factor (Díaz *et al.*, 1999). Proinsulin is endogenously expressed in the retina (Hernández-Sánchez *et al.*, 1995) and it has been reported that the physiological cell death occurring during the early stages of chicken retinal development is regulated by locally produced (pro)insulin through the activation of the Akt survival pathway (Díaz *et al.*, 2000). Between E6 and E8 of chicken development, levels of proinsulin mRNA decrease in the retina. During the same stage, an increase in the expression of insulin-like growth factor I (IGF-I) mRNA, which is absent or very scarce at earlier stages, has been observed. *In situ* hybridization studies have shown that IGF-I mRNA is present in the ganglion cell layer at advanced stages of retina development in the rat (Lee *et al.*, 1992) and chick (De la Rosa *et al.*, 1994b).

Glutamate

Glutamate is the principal excitatory neurotransmitter in the vertebrate retina (Massey, 1990). In addition to its role as neu-

rotransmitter, glutamate may also be important in retinal development (Bodnarenko *et al.*, 1995). The three major classes of neurons which comprise the primary visual pathway in the retina are glutamatergic. These cells are generated during two separate developmental stages: one subclass of photoreceptor cells (cones) and ganglion cells are generated before birth; the other subclass of photoreceptor cells (rods) and bipolar cells are generated during the first week after birth. The total content of glutamate in the retina increases during the postnatal period in synchrony with the generation and maturation of glutamatergic cells.

High concentrations of extracellular glutamate in the neonatal retina may play an important role in a variety of developmental events, such as dendritic pruning and neurite sprouting (Haberecht and Redburn, 1996). Moreover, glutamate is involved in neuronal survival during the postnatal development of the retina (Nicoletti *et al.*, 1996) and plays a key role in the formation of retinal synaptic circuitry (Massey, 1990; Davanger *et al.*, 1991; Crookes and Kolb, 1992). This molecule is also involved in the establishment of connections between retinal cells and different cortical areas (Kleinschmidt *et al.*, 1987; Bear *et al.*, 1990).

Glutamate exerts its effects via two types of receptor: ionotropic glutamate receptors, which are ligand-gated ion channels comprised of N-methyl-D-aspartate (NMDA), α -amino-3-hydroxy-5-methyl-4-isoxazole-propionate (AMPA) and kainate receptors, and metabotropic glutamate receptors, which act through second messenger systems (for reviews, see Hollmann and Heinemann, 1994; Mori and Mishina, 1995). Ionotropic glutamate receptors are made up of four subunits (Laube *et al.*, 1998; Rosenmund *et al.*, 1998) and it has been demonstrated that specific types of retinal cells selectively express glutamate receptors composed of different subunit combinations. As a consequence, different retinal cell types display different pharmacological and kinetic properties during retinal development. It has been demonstrated that NMDA receptors are expressed at high levels during the development of the rat retina (Gründer *et al.*, 2000).

Blockade of NMDA receptors for only a few hours during late fetal or early neonatal life triggered widespread apoptotic neurodegeneration in the developing rat brain. This result suggests that the excitatory neurotransmitter glutamate, acting through NMDA receptors, controls neuronal survival (Ikonomidou *et al.*, 1999). It has been shown that NMDA receptors participate in the regulation of apoptosis in the developing rat retina. However, systemic injections in rats with MK-801 (an NMDA channel blocker) during the first 14 days of life did not prevent retinal cell death (Bunch and Fawcett, 1993). Glutamate-mediated activity may be necessary for normal RGC development (Bodnarenko and Chalupa, 1993) and for the survival and differentiation of RGCs. This action may be mediated via both NMDA and non-NMDA receptors, since neonatal RGCs express both types of glutamate receptors (Roring and Grantyn, 1993). It has been shown that RGCs whose axons have grown into the wrong area of the colliculus have a greatly increased probability of dying during the period of naturally occurring cell death. This process is one way in which the postnatal refinement of the topography of the retino-collicular projection is achieved (Bunch and Fawcett, 1990) and is mediated by glutamate in lower vertebrates (Cline *et al.*, 1987; Schmidt, 1990; Cline and Constantine-Paton, 1989; 1990).

In our laboratory, we have analyzed the effect of glutamate on retinal cell apoptosis during rat retinal development. Blockade of

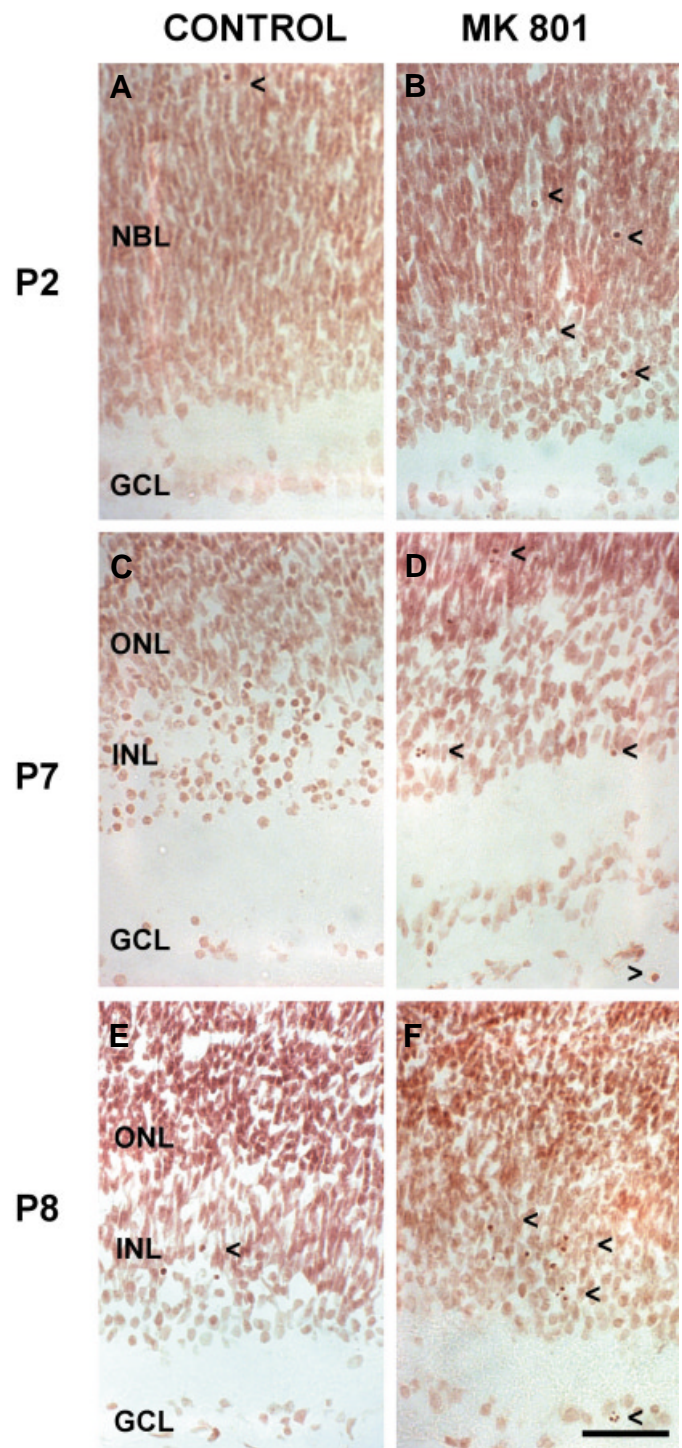


Fig. 3. The effect of MK-801 on cell apoptosis in the rat retina at different developmental stages. Sections were stained using the Feulgen method. (A,C,E) Control retinas from rats at post-natal stages P2, P7 and P8 respectively. (B,D,F) Retinas from P2, P7 and P8 rats treated with MK-801. Note the increase in the amount of apoptotic cells observed in the retina of rats treated with MK-801 during these developmental stages. Arrowheads point to apoptotic retinal cells. Scale bar, 100 μ m. Abbreviations: GCL, ganglion cell layer; INL, inner nuclear layer; NBL, neuroblastic layer; ONL, outer nuclear layer.

NMDA receptors was performed by administration of MK-801 at different developmental stages. We found that NMDA receptor antagonism during early post-natal developmental stages led to an increase in apoptosis in all retinal cell types. Moreover, our results indicate that the effect of glutamate on the developing retina varied according to the stage of development. Thus, the increase in apoptosis was particularly high when NMDA receptors were blocked during the postnatal stages P2, P7 and P8 in contrast with stages P4, P6 and P9, in which the increment was not significant (Figs. 3 and 4).

The effect of glutamate on apoptosis could be mediated by an increase in the levels of intracellular calcium leading the apoptosis, since it has been demonstrated that stimulation of neuronal cells by this excitatory amino acid often leads to a rise in the concentration of free cytosolic calcium (Wong, 1995).

Cell death in the retina of different species

During development, the processes of programmed cell death and cell differentiation coexist in the retina. The timing of both processes has been analyzed in different vertebrate species. The principal focus of the present article is on cell death in the developing retina. Nevertheless, we feel that it is instructive to compare the timing of both differentiation and apoptosis during the development of the retina in different vertebrate species (Tables 1 and 2).

Fish

The dynamics of cell death in the zebrafish embryo follow a similar time course to that described in other organisms (Jacobson *et al.*, 1997; Hensey and Gautier, 1999). At 12 hours post-fertilization (hpf), one to five scattered apoptotic cells were observed primarily in the lateral margins of the optic primordium. The early onset and persistence of retina/optic vesicle apoptosis, between 12 and 30 hpf coincides with the period of evagination from the diencephalon (Schmitt and Dowling, 1994; Li *et al.*, 2000).

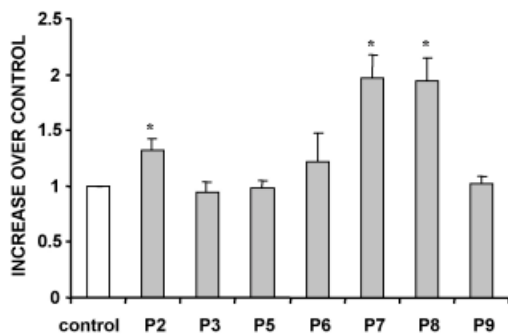


Fig. 4. Quantification of the effect of MK-801 on cell apoptosis at different postnatal stages in the developing rat retina. Animals at different stages of post-natal development (P2, P3, P5, P6, P7, P8 and P9) were subcutaneously injected with the channel blocker MK-801 (0.5 mg/kg body weight). Retinas of corresponding control animals without treatment were also analyzed. Values are expressed as means \pm SEM ($n=4$, control; $n=5$, MK-801 for each stage) and represent the increase in apoptosis after the administration of MK-801 with respect to control. * $p < 0.01$ with respect to control.

Apoptotic processes in the zebrafish retina are detected in the GCL and INL at days 3-4 post-fertilization (dpf), followed by a second but clearly smaller wave at 6-7 dpf. Apoptosis in the ONL started at 5 dpf and peaked at 7 dpf (Biehlmaier *et al.*, 2001). This peak of photoreceptor apoptosis is lower than that observed in other fish (Hoke and Fernald, 1998).

Amphibians

Pioneering studies of death in the developing frog retina showed that the physiological degeneration of retinal cells in these vertebrates takes place in three successive waves. In the first wave, mitotic cells confined to the center of the retina become pyknotic and degenerate prior to the onset of cell differentiation. Next, after the formation of the ganglion cell layer and the inner plexiform layer, many cells in the region of the incipient inner nuclear layer degenerate. Finally, a third wave of cell death is observed in the outer and inner nuclear layers in the periphery of the retina. This third wave occurs after the formation of the outer plexiform layer and the maturation of the central retina (Glucksman, 1940).

Apoptosis of RGCs in the *Xenopus* retina occurs in two waves. It has been estimated that 40-70% of RGCs die by apoptosis from 1 dpf +16 hpf to 12 dpf. A second wave is observed after 26 dpf when binocular vision is developed and ipsilateral fibers begin to grow into the thalamic visual neuropil (Gaze and Grant, 1992).

Birds

Apoptosis has also been analyzed during the development of the chick retina (Cuadros and Ríos, 1988; Martín-Partido *et al.*, 1988; Frade *et al.*, 1996; 1997; Díaz *et al.*, 1999, 2000; Mayor-domo *et al.*, 2003). Two waves of programmed cellular death occur in the developing chicken retina. The first wave takes place between E4 and E7 (Fig. 5) and partially overlaps with the period of RGC neurogenesis, differentiation and migration (García-Porrero and Ojeda, 1979; Cuadros and Ríos, 1988). The later wave occurs between E10 and E14, when RGCs become dependent on trophic support from their targets (Hughes and La Velle, 1975; Rager and Rager, 1978; Hughes and McLoon, 1979).

In the INL, pyknotic cells appear during embryonic day 8. However, the highest levels of apoptosis are observed in this layer at E11 (Cook *et al.*, 1998). Degenerating cells are initially located in the central retina. However, on subsequent days, they are also found in peripheral zones. It has been postulated that cell death occurs because of competition for adequate arborization space. If the number of retinal afferent fibers which arrive is higher than the number of available tectal termination sites, supernumerary fibers may degenerate (Rager and Rager, 1978).

Rodents

The normal RGC death period in the rat extends from around birth to about 6 days later and is especially high between postnatal days 1 to 4 (Galli-Resta and Ensini, 1996). The presence of degenerating bipolar cells, amacrine cells and rods has been described at postnatal day 4 in rat retinas. Subsequently, a slow decrease in the incidence of cell death occurs. However, amacrine cell death does not cease until day 26 and bipolar cell degeneration continues for 48 days. With respect to photoreceptor cell death, a second phase of apoptosis has been reported between days 12 and 72, peaking at P23 (Vogel and Möller, 1980).

Cell death in the mouse retina occurs primarily during the first 2 weeks after birth and is essentially completed by the end of the third week. The pattern of death of the different retinal cell types has been described in mice. RGC degeneration is prominent during the first 11 days, peaking on postnatal days 2 to 5 (Young, 1984). Amacrine cells die within the inner plexiform and inner nuclear layer, particularly between days 3 and 8, whereas bipolar and Müller cell degeneration reaches a peak at days 8-11.

Formation of the OPL at post-natal day 5 separates rods into two groups. Degeneration among the inner rods occurs rapidly from post-natal days 5 to 11. Nevertheless, the sporadic death of rods continues during the following two weeks (Young, 1984). Degeneration of the outer rods takes place over a longer period of time; it occurs at a much lower frequency and does not follow a center-periphery gradient. After day 18, cell death within the developing mouse retina is restricted to the sporadic, rare degeneration of rods which ceases by postnatal day 30 (Young, 1984).

Humans

The number of retinal ganglion cells in retinas from the human fetus at 18 to 30 weeks of gestation (wg) has been estimated to be

TABLE 1

TIME OF RETINAL CELL DIFFERENTIATION

Hatching/Birth	Zebrafish 2-3 dpf	Xenopus 2dpf+2hpf	Chicken 21 d	Rat 22 d	Mouse 19 d	Human 36 wg
ONL	60 hpf	1d 20 1/2 h	E4-E5	E16 E19	E13-E14 (C) E13 (R) * P5 (R)**	13 wg (C)* 20-21 wg (C)**
INL	38 hpf	1d 16h-1d 20 1/2h	E12 (MC) P1-P51 (MC, BC)	E13 -P5(AC)	E17-P10 (MC)	16-17 wg (IPL) 16-21 wg (HC)
GCL	28 hpf	1 d 2 h 1/2h	E2	E14-E20 E16-E20 (ACD)	E5-P0	11-12 wg

Time of retinal cell differentiation in hours, days or weeks in the retinal layers of: zebrafish (Branchek and Bremiller, 1984; Kljavin, 1987; Schmitt and Dowling, 1994), Xenopus (Stiemke and Hollyfield, 1995), chicken (Nakazawa *et al.*, 1993; Bruhn and Cepko, 1996; Schlosshaver *et al.*, 1997; Anezary *et al.*, 2001; Rothermel and Layer, 2003), rat (Reese and Colello, 1992; Johanson *et al.*, 2000), mouse (Young, 1985; Colello and Guillery, 1992), and human (Nag and Wadhwa, 1999), during retinal development. Abbreviations: AC, amacrine cells; ACD, displaced amacrine cells; BC, bipolar cells; C, cones; d, days; dpf, days post-fertilization; E, embryonic day; GCL, ganglion cell layer; h, hours; HC, horizontal cells; hpf, hours post-fertilization; INL, inner nuclear layer; IPL, inner plexiform layer; MC, Müller cells; ONL, outer nuclear layer; P, postnatal; R, rods; wg, weeks of gestation; *, first wave of differentiation; **, second wave of differentiation.

TABLE 2

TIMING OF RETINAL CELL APOPTOSIS

Hatching/Birth	Zebrafish 2-3 dpf	Xenopus 2dpf+2hpf	Chicken 21 d	Rat 22 d	Mouse 19 d	Human 36 wg
ONL	5-7 dpf			P12-P72	P5-P11	23-24 wg
INL			E8- E14	P3-P26 (AC) P4-P48 (BC)	P3-P8 (AC) P8-P11 (BC,MC)	15-20 wg
GCL	3-4 dpf 6-7 dpf	1d 16h-12dpf 26 dpf	E4-E7 E10-E14	P1-P6	P2-P11	14-30 wg

Timing of retinal cell Apoptosis in the different layers of the retina in zebrafish (Biehlmaier *et al.*, 2001), Xenopus (Gaze and Grant, 1992), chicken (García-Porrero and Ojeda, 1979; Cuadros and Ríos, 1988, Cook *et al.*, 1998), rat (Vogel and Möller, 1980; Galli-Resta and Ensinì, 1996), mouse (Young, 1984), and human (Provis and Van Driel, 1985; Georges *et al.*, 1999) during retinal development. Abbreviations: AC, amacrine cells; d, days; dpf, days post-fertilization; E, embryonic day; GCL, ganglion cell layer; h, hours; hpf, hours post-fertilization; INL, inner nuclear layer; MC, Müller cells; ONL, outer nuclear layer; P, postnatal; wg, weeks of gestation.

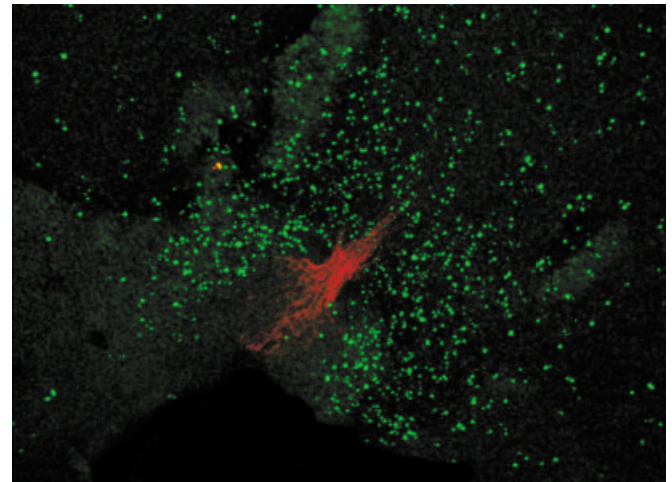


Fig. 5. Cell death in the early chick retina shows a selective distribution. E4 retina was processed as whole mount and stained by TUNEL (green spots) to reveal apoptotic cells. Optic fibers were immunostained for G4/NG-CAM molecule (in red) to localize the optic nerve head. Note the high concentration of apoptotic cells in the most central part of the retina. (Figure provided by Begoña Díaz and Enrique J. de la Rosa).

around 2.2 - 2.5 million cells. After this stage, the number of RGCs declines rapidly to 1.5 - 1.7 million cells, through naturally occurring neuronal death (Provis *et al.*, 1985). At early stages of fetal development, the distribution of cells in the ganglion cell layer of the human retina is almost uniform, but by the end of gestation, there is a central:peripheral gradient in cell density of about 10:1 respectively. Although the peripheral retina grows faster than the central retina during the first 23 weeks of gestation, this does not seem to be the cause of the centro-peripheral density gradient. Rather, the reason for this density gradient seems to be a non-uniform loss of cells in the entire retina. Between weeks 16 and 24, the relative frequency of pyknotic cells in the peripheral retina is higher than in the central retina (Provis *et al.*, 1983; Provis and van Driel, 1985). Apoptosis in the INL is detected between 15 and 20 wg and the highest incidence of cell death in the ONL occurs at 23-24 wg (Georges *et al.*, 1999).

Concluding comments

Many of the cellular and molecular mechanisms involved in cell death have been elucidated over the past 10 years. In particular, many of the molecular triggers which underlie cell suicide or programmed cell death have been discovered. Future research will undoubtedly focus on establishing the details of the molecular pathways activated by these triggering signals, and on establishing how particular types of cells are targeted for death or for protection from death. It will be important to establish for each cell type the precise point at which the cell is beyond salvation, i.e. the point beyond which the cell death programme is irreversible. Further studies using the retina will help to completely characterize the complex processes underlying cell death.

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